

Governor Boying Remulla appeals to DOTr about PITX **P.3**

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Nagsagawa ang City Nutrition Committee (CNC) ng Nutrition Program Implementation Review (PIR) para sa 2018 Annual Accomplishment Report kasama ang mga miyembro, sa City Hall, Audio Visual Room. Nanguna si Mayor Jaime R. Fresnedi sa pagpupulong. Iprinisinta ng bawat miyembro ang kanilang mga programang nai-

patupad sa nakalipas na taon at doon nagkaroon ng mga pagtataya at pag-sasaayos ng reports para sa nalalapit na Monitoring and Evaluation on Local Level Plan Implementation (MELLPI) sa darating na Marso.

Ang susunod na meeting ay gaganapin sa Pebrero 19, sa Audio Visual Room.

Cavite LGU leaders vow to sustain Manila Bay rehab **P.3**

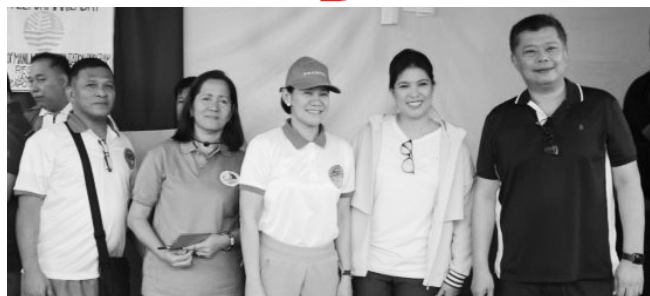


PDEA reiterates 'focus' vs. high value drug targets **P.4**

Construction of LRT1 Cavite extension is now ongoing **P.6**

Employers' group to regularize 200K workers: DOLE
story on Page 6...

The Manila Bay Rehabilitation Program was launched last January 27 at Bgy Zapote



City of Bacoor with Cavite Governor Boying Remulla, Bacoor City Mayor Lani Mercado Revilla, and various groups from government agencies and socio-civic organizations in attendance.

#BattleForManilaBay
#1Team1Love1Bacoor
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EDITORIAL:
A record worth setting

Filipinos are fond of setting world records. Sometimes, these efforts are commercially supported—such as the 2013 event in which 2,000 mothers set the world record for hand-washing a piece of fabric simultaneously, or the 2007 campaign that saw 41,038 grade school students across the country break the world record for the most number of people brushing their teeth simultaneously in different venues.

In the same year as all that tooth brushing, the Department of Social Welfare and Development and its partners helped 15,128 mothers set the record for the most number of women breastfeeding simultaneously at multiple venues.

Except for the odd individual effort—such as the woman who could move the most number of coffee beans with chopsticks in one minute (that was 38 beans), or the woman who took 260 blood tests in 24 hours—most of these record-breaking activities required organizing a large number of people to achieve a specific goal.

Most recently, for example, the province of Isabela was recognized by the Guinness World Records for gathering and choreographing the most number of people—2,495 to be exact—dressed as scarecrows in one place for its yearly Bambanti Festival.

As worthy as such promotional activities are, we certainly should be able to apply the same kind of unity of purpose and zeal toward setting an even more significant and meaningful world record.

One that immediately springs to mind is the government's ambitious P47-billion program to clean up Manila Bay, which officially kicked off Sunday, Jan. 27.

Over the decades, domestic sewage, toxic industrial effluents and waste from factories and shipping have turned the once-beautiful bay into the most polluted body of water in the country today.

The magnitude of the clean-up is daunting. The catchment area of the bay is 1.7 million hectares—the size of 26 Singapores or 1,700 Boracays—and the cleanup involves not only Metro Manila but also the provinces of Cavite, Bulacan and Bataan.

In the multi-agency effort, the Department of Interior and Local Government is off to a promising start, with orders to all local government units (LGUs) to organize teams of volunteers to clean up coastal areas of Manila Bay and its inland tributaries every Saturday.

Significantly, the department has set quantitative requirements: all local government units (LGUs) must submit post-activity reports to the DILG and the Department of Environment and Natural Resources after every cleanup session.

The reports must include the volume of collected waste in kilograms, barangays covered, the length of the cleared areas in meters, a list of participants, photo documentation and the means for disposing of the collected garbage.

Interior and Local Government Secretary Eduardo Año correctly observes that the collective effort and commitment of the LGUs and barangays will spell the difference between failure and success.

Perhaps as we pursue the massive undertaking, we can draw inspiration from the dramatic removal of 20 million kilos of waste in Versova beach in Mumbai, India.

There, a lawyer for the Bombay High Court decided to launch a clean-up operation in 2015 with the help of a neighbor. As the months went on, the pair were joined by more than 1,000 volunteers including workers from local companies, school children and Bollywood stars, who joined the beach cleanup every weekend.

More than three years later, the UN Environment Program has recognized it one of the world's largest beach clean-ups in history. Now that's the kind of world record worth setting.

MAYORALTY CANDIDATE NG CAVITE, INARESTO

INARESTO ng Cavite police sa bisa ng warrant of arrest ang isang Barangay Chairman at Mayoralty Candidate dahil sa paglabag sa Omnibus Election Code sa Rosario, Cavite.

Si Joemel Pulido, 40, may-asawa at Barangay Chairman ng Bgry Tejeros, Rosario Cavite at residente ng Gen. Trias Drive, Tejeros Convention, Rosario Cavite ay inaresto sa bisa ng warrant of arrest na lumabas noong November 6, 2018.

Sa report mula sa tanggapan ni PCI Dhe-frey Punzalan, Hepe ng Rosario Municipal Police Station, si Pulido ay inaresto dakong alas-5:30 Linggo ng hapon sa loob ng Brgy Tejeros Conventin, Rosario, Cavite sa bisa ng warrant of arrest na inisyu ni Acting Presiding Judge Amy Ana De Villa-Rosero ng 4rth Regional Trial Court, Cavite City dahil sa kasong paglabag sa Omnibus Election Code

Section 261 (O).

Napag alaman na ang pagkakaaresto kay Pulido ay bunsod sa pagsasagawa ng kanyang mga tauhan ng operasyon laban sa mga wanted na tao kung saan lumabas ang warrant of arrest laban sa kanya dahil sa reklamo ng ilang Municipal employees ng Rosario, Cavite sa lantarang paggamit nito ng inisyung tatlong tricycle para sa pagsundo at paghatid ng pasahero/botante noong nakaraang Barangay at SK election.

Si Pulido ay pumalag noong siya ay inaresto dahil hindi umano nito alam ang lumabas na warrant oa arrest subalit sumamama rin ito ng kusa.

Si Pulido ay tatakbo sa pagka -Mayor sa Rosario, Cavite kung saan makakalaban nya si incumbent Mayor Jose Ricafrente III ngayong 2019 local and national election.

Halagang P36,000 ang inirekomendang bail para sa pansamantalang paglaya ni Pulido.

'Priest' in Bacoor arrested for drugs

Bacoor Police caught a drug-user who claims to be a Catholic priest during a buy-bust on Thursday in Tagumpay Compound, Tabing Dagat of Barangay Alima in Bacoor.

Police said "Bishop" Richard Alcantara was captured after he traded P200 worth of shabu to a poseur buyer with his associate Fernando Dacuma, alias Nanding.

Dacuma reportedly fled during the uproar and a reinforcement team was able to arrest only Alcantara and another companion, known as Perlito Alibay.

Supt. Vicente Cabatingan, Bacoor City Police chief, said anti-narcotics teams seized 0.5 grams of shabu worth P3,400, six alumi-

num foil strips, an improvised glass tooter, two improvised burners and drug paraphernalia from the suspects.

Alcantara alleged that he was once a member of the Roman Catholic Church of England and Wales and member of the Sacred Order of Saint Michael Congregation. The investigation reveals that Alcantara admitted to the use of shabu but insisted he was using it as "a research" to know about the influences of drugs first-hand.

The "bishop" continued that he had been taking it for two years.

Police said Alcantara was on the drug watch-list and had been under surveillance for the past three months.

2 Chinese nationals killed in Cavite, P1.9-B shabu seized

MANILA -- Philippine Drug Enforcement Agency (PDEA) officials on Sunday said PHP1.9 billion worth of shabu were recovered from two Chinese nationals earlier killed in a shootout in Tanza, Cavite.

PDEA Director General Aaron Aquino identified the two Chinese nationals as Vincent Du Lim and Hong Li Wen, who shot it out with combined PDEA, Intelligence Service of the Armed Forces of the Philippines (ISAFP) and Philippine National Police operatives.

The authorities seized from the two suspects a .45-caliber pistol, a 9mm pistol and more or less 274 kilos of shabu with estimated value of PHP1.9 billion.

Aquino said the operation, which was in coordination with the ISAFP, was conducted at around 4 p.m. at a warehouse in Barangay Amaya 1, Antero Soriano Highway in Tanza.

He said the poseur buyers saw the shabu being repacked from the warehouse gate so they alerted the main group of the arresting team.

"When they went in, the two Chinese were surprised and fought it out," said Aquino in an interview.

"Actually, we're only buying just one kilo. Maybe, these Chinese could not send someone (to deliver the drugs) so they asked our men (poseur

buyers) to proceed to the warehouse...There were only two of them, probably because it's Sunday, no workers were around," the PDEA chief said, adding the drugs may have been shipped to the country recently.

Citing initial assessment, Aquino said the seized shabu may have come, probably from China, which were "dropped" somewhere in Ilocos region as drug syndicates have refrained from smuggling drugs through the ports because PDEA and the Customs bureau have stepped up anti-drug operations there.

"The carton boxes are still wet. This means that it came from the sea within the day, then transported (to the warehouse),"

Aquino said.

"We assumed they opted to shipside smuggling wherein a vessel will drop the drugs in the high seas and they will be collected by small vessels who will then bring them to the warehouse," he said.

Aquino said the suspects decided to repack the drugs in Cavite because of its proximity to the National Capital Region, implying that the drugs are intended for distribution in Metro Manila.

"It's easier to distribute them (drugs) if you're near Metro Manila. It's hard to establish a packing area in Metro Manila because it's easy to detect. It's easier if it's done in the province and that is what they did," Aquino added. (PNA)

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KAPANALIG

Ni Nelson Dimapilis

Senator Win Gatchalian is pushing to increase the tobacco tax to P70 per pack in a bid to curb cigarette consumption among Filipinos and raise funds for the Universal Health Care (UHC) programs of the government.

In filing Senate Bill No. 2177 to amend the Tax Code to further increase the tobacco excise tax, the senator expressed alarm that Filipinos' penchant for cigarettes remained high despite the current P35 per pack excise tax on tobacco products.

Data from the Global Adult Tobacco Survey from 2009 to 2015 shows that the implementation of the P35 per pack tobacco excise tax in the country resulted in only a five-percent reduction in the number of Filipino smokers relative to the entire population. However, the same data shows that the average number of cigarettes consumed per day has increased marginally, from 10.6 in 2009 to 11 in 2015.

"Such figures show that while the prevalence of smoking among Filipinos has decreased, the intensity – as shown by

Tobacco tax hike to curb Filipino smoking habits, fund universal healthcare pushed

the average number of cigarettes consumed per smoker per day – did not. This situation prevailed even if the tax burden on consumers almost doubled during this six-year period," Gatchalian said.

"The failure of the current excise tax to produce a significant drop in daily cigarette consumption shows the inelasticity of demand for cigarettes," he added.

Specifically, SBN 2177 proposes to increase tobacco excise tax to P70 per pack by 2020, followed by a 9 percent annual increase in succeeding years, which, according to Gatchalian, is the optimal rate that would give the government the maximum revenue.

The proposed rate is expected to increase the average price of a pack of cigarettes from PhP79.03 to PhP114.03, according to the lawmaker.

Meanwhile, the government is projected to generate an estimated additional revenue of P35 Billion to P45 billion with the implementation of the P70 per pack tobacco excise tax, and another P5 billion to P6 billion once the 9 percent annual tax increase on tobacco products takes into effect.

On the health perspective, Gatchalian pointed out that the bill aims to decrease the current number of smokers by 1 million; reduce the number of premature deaths of current smokers by half a million; avert approximately 600,000 future smokers from 10.7 million to 10.1 million; and prevent premature deaths of future smokers by 200,000 from 5.3 million to 5.1 million.

"Increasing the excise tax on tobacco products will also help finance the funding gap to implement the UHC bill. The Department of Health estimated that P257 billion is needed to implement the UHC on the first year, with an average additional amount of P90 billion to P100 billion per year to sustain the UHC over a period of five years," Gatchalian said.

"This legislation will help raise the needed revenues to sustain and enhance the proposed primary care system for Filipinos, while promoting better health and healthier lifestyles," he added.

Governor... FROM PAGE 1

What was previously perceived as hope for frequent travelers coming from and going to Cavite has turned out to be a nightmare.

Many Caviteño commuters who regularly travel to different parts of Metro Manila have expressed their dismay on the inconvenience brought by Parañaque Integrated Terminal Exchange (PITX) which opened November of last year.

One of the pressing issues that upset the passengers is the additional travel time it takes for buses to accommodate the route that includes a brief stop-over at PITX. The new route was a directive from Department Order 2018-25 which requires provincial buses to end their trips at the terminal.

Cavite governor Jesus Crispin "Boying" Remulla wrote an appeal to the Department of Transportation on Friday to implement temporary actions while the newly opened PITX becomes fully realized.

Remulla sympathizes with Caviteño commuters through a post on his Facebook page yesterday saying, "Ramdam ko ang hirap at naririnig ko ang daing ng bawat Kabitenyo. Ginagawa namin ang lahat upang mapadali ang inyong araw-araw na byahe."

On the letter he shared on Facebook, Remulla acknowledged the intention of PITX to ease the current traffic condition in Metro Manila and its neighboring provinces.

"The Parañaque Integrated Terminal Exchange (PITX) is a positive devel-

opment towards solving the traffic problem. However, considering that the PITX has just opened and is not yet fully operational, we believe that there are measures that may be implemented for the convenience of a greater number of commuters, especially to those coming from and going to our province," stated Remulla through the request letter addressed to DOTr Secretary Arthur Tugade.

While both commuters and PITX adjust to find its harmony, Remulla proposed temporary actions that include:

Permitting all public utility buses to enter Metro Manila up to the terminal point for dropping off and picking up of passengers; To require all public utility vehicles bound for Cavite to pick up passenger only at PITX;

To provide shuttle services from different points of Metro Manila (especially the central business districts) to PITX;

To link PITX, through shuttle services, to the city train systems such as Light Rail Transit (LRT), Manila Rail Transit (MRT) and Philippine National Transit (PNR).

The Facebook post affirmed the distress of daily commuters who experience the worsening traffic condition in the area.

Located along Diosdado Macapagal Boulevard, PITX was established to aid an average of 100,000 passengers per day. It is also planned to be connected to LRT-1 Cavite extension.

CAVITE LGU... FROM PAGE 1

GENERAL TRIAS CITY, Cavite -- Around 33 village leaders here have pledged to sustain the Manila Bay rehabilitation program as they continued on Saturday their cleanup drive on esteros, rivers and streams that flow into said body of water.

City Mayor Antonio Ferrer said their continuous clean-up campaign and awareness drive are in compliance with President Rodrigo Duterte's directive to restore and rehabilitate the much-polluted Manila Bay which stretches from Ternate to Bacoor City.

Ferrer said Cavite's 23 city and town mayors have each scheduled their cleanup through their respective City and Municipal Environment and Natural Resources Office (CENRO/MENRO) in compliance with the orders of Department of Environment and Natural Resources Secretary Roy Cimatu and Department of the Interior and Local Government Secretary Eduardo Año for all LGUs to take part in the massive Manila Bay rehabilitation program.

The project has three phases -- the massive cleanup of esteros, rivers and streams connecting to the Bay area; resettlement of informal settlers and removal of illegal structures; and massive information dissemination.

This city's village chiefs led the cleaning

of the Malabon Grande River from Javalera, Biclatan, Manggahan, San Francisco, Buenavista, Pasong Kawayan, Tapia, Pinagtupunan, Prinza, GenTri Proper, Dulong Bayan, Bacao and the Ilang Ilang River which crosses Barangay San Antonio in nearby Noveleta town.

Also, scores of barangay volunteers retrieved

of the Malabon Grande River from Javalera, Biclatan, Manggahan, San Francisco, Buenavista, Pasong Kawayan, Tapia, Pinagtupunan, Prinza, GenTri Proper, Dulong Bayan, Bacao and the Ilang Ilang River which connects Barangay San Juan and Tejero in this city from Barangay Biwas in Tanza town.

Meanwhile, Noveleta town Mayor Dino Reyes Chua and other officials joined hundreds of volunteers in Saturday's cleanup drive along Ilang-Ilang

River up to Barangay San Rafael and the Long Beach which stretches from Barangay San Rafael III to San Rafael IV.

In Bacoor City, the CENRO headed by Rolly Bocalan continued their clearing and cleaning operations at the informal settlement in Barangay Zapote and the coastal villages. (Dennis Abrina/PNA)

Go Negosyo, DOTr, ride-sharing & logistics platforms discuss issues!

After the first meeting last January 9 with several sharing economy platforms where the main agenda is to push for digitalization in the country, Presidential Adviser for Entrepreneurship Joey Concepcion organized another meeting with motorcycle ride-sharing and logistics digital platforms such as Angkas, Grab, Lalamove and Quad X. This time, the group was joined by Department of Transportation (DOTr) Secretary Art Tugade joined by DOTr Undersecretary Mark Richmond de Leon, LTO Chief Assistant Secretary Edgar C. Galavant, and LTFRB Chairman Martin Delgra III. The insightful meeting served as an avenue to openly discuss the issues concerning the platforms as well as the position of the respective agencies involved.

Believing that digitalization is a game-changer in creating prosperity for

all Filipinos, Concepcion extends his support to all online platforms. During the meeting, Concepcion mentioned that the digital marketplace for sharing economy will create opportunities for our micro and small entrepreneurs. "Ride-sharing is the way forward," he also added.

Secretary Tugade agrees by saying, "digitalization is not only pro-poor but pro-all. Digitalization is a great equalizer." With the issue on banning Angkas to operate, Tugade clarified that he is not against any mode of transportation as long as it is efficient, safe and comfortable. He also said that they should not be seen as an enemy but as a partner.

He emphasized that doing business is fine as long as it is not at the expense of anybody.

Concepcion commended Sec. Tugade's action of forming a technical working group that will resolve issues surrounding the sector affected by the current policy, laws and judicial decision. The task force formed is a clear indication that government is congenial to working with the industry concerned and openness to work with the private sector which Concepcion has been pushing actively since he assumed the adviser role to the President.

#GoNegosyo #PilipinasAngatLahat #AngatLahatsaDigital

THE JOY OF THE LORD IS MY
strength

Republic of the Philippines
 Fourth Judicial Region
 Regional Trial Court of Cavite
 Office of the Clerk of Court & Ex-Officio Sheriff
 New Justice Hall, J.P Rizal Avenue, Kaybagal South, Tagaytay City

EJF NO. TG-19-002
FOR: Extrajudicial Foreclosure of Real Estate Mortgage under Act No.3135, as Amended by Act No. 4118

HOME DEVELOPMENT MUTUAL FUND
 (otherwise known as **PAG-IBIG FUND**),
 Petitioner-Mortgagee,

-versus-

NORMA P. PANTE, married to EDMUNDO B. Pante,
 Respondents/ Mortgageors.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-judicial foreclosure sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG FUND)**, a government financial institution duly organized and existing under and virtue of Republic Act No. 9679 with principal office address at 12F JELP Business Solutions Center, No. 409 Shaw Blvd., Mandaluyong City, against Mortgageors, **NORMA P. PANTE, married to EDMUNDO B. PANTE**, with postal address at Holt Street, Summitville Subdivision, Putatan, Muntinlupa City, to satisfy the mortgage indebtedness which as of December 4, 2018 amounts to **ONE MILLION FIVE HUNDRED EIGHTY SIX THOUSAND NINE PESOS & 29/100 (Php1,586,009.29)**, Philippine Currency, inclusive of interest and penalty charges, the undersigned Clerk of Court & ex-Officio Sheriff of the Refonal Trial Court of Cavite thru her deputy, Sheriff Teodoro O. Criss, will sell at public auction on **March 21, 2019 at 10:00 o'clock** in the morning or soon thereafter, at the New hall of Justice of Tagaytay City, to the highest bidder, for cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-809491
 Registry of Deeds for the Province of Cavite

"A parcel of land (Lot 42 of the cons./subd. plan, Pcs-04-010966, being a portion of the cons. of Lots 1-32, Blk. 6, Psd-04-076724, L.R.C. Rec. No.), situated in the Brgy. Bulihan, Mun. of Silang, Province of Cavite, Is. of Luzon. Bounded on the SE., along line 1-2 by Lot 44, of the cons. subd. plan; on the SW., along line 2-3 by Road lot 2, Psd-04-076724; on the NW., along line 3-4 by Lot 40; & on the NE., along line 4-1 by Lot 41, both of the cons./subd. plan. Beginning at a pt. marked "1" on plan, being S. 47 deg, 57'W., 7398.68 m. from BLBM No. 1, Kabilang Baybay, Carmona, Cavite; thence S. 23 deg. 06'W., 12.00 m. to pt. 2; thence N. 66 deg. 54'W., 3.75 m. to pt. 3; thence N. 23 deg. 06'E., 12.00 m. to pt. 4; thence S. 66 deg. 54'E., 3.75 m. to the pt. of beginning, containing an area of FORTY FIVE (45) SQ. METERS. All pts. referred to are indicated on the plan and are marked on the ground by PS cyl. conc. mons. 15x60cm., bearing true; date of orig. survey June 7-15, 1943, and the cons. subd. survey, July 30, 1995 and was approved on Oct. 6, 1995 is registered in accordance with the provisions of the Property Registration Decree in the name of NORMA P. PANTE, Filipino, of legal age, married to Edmundo B. Pante"

In the event the public auction should not take place on the said date, it shall be held on March 28, 2019 without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **TRANSFER CERTIFICATE OF TITLE NO. T-809491**, the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, **January 24, 2019.**

(SGD) **ATTY. VARBRA ANN A. VARIAS-DIMAYUGA**
 Clerk of Court & Ex-Officio Sheriff

TEODORO O. CRISS
 Sheriff In Charge

WARNING :

IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW.

Copy Furnished:
HOME DEVELOPEMENT MUTUAL FUND
 (otherwise known as **PAG-IBIG FUND**)
 12th Floor JELP Business Solutions Center,
 No. 409 Shaw Boulevard, Mandaluyong City

NORMA P. PANTE, married to EDMUNDO B. PANTE
 Holt Street, Summitville Subdivision, Putatan, Muntinlupa City
 and
 Lot 42 Block 6 Franceville Subdivision,
 Bulihan, Silang, Cavite

Publication was awarded to: Dateline Weekly Newspaper
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REPUBLIC OF THE PHILIPPINES
 REGIONAL TRIAL COURT
 FOURTH JUDICIAL REGION
 BRANCH 23
 TRECE MARTIRES CITY

HOME DEVELOPMENT MUTUAL FUND,
 Mortgagee,

-versus-

SUSANA O. DELA CRUZ married to
MANUEL C. DELA CRUZ,
 Mortgagor/s.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **HOME DEVELOPMENT MUTUAL FUND**, with business address at 14th Floor, JELP Business Solutions Center No. 409 Shaw Boulevard, Mandaluyong City, against the Mortgagor/s, **SUSANA O. DELA CRUZ married to MANUEL C. DELA CRUZ**, with residence and postal address at Lot 15, Block 16, Laos St., San Marino Central Subd., Salawag, Dasmariñas, Cavite to satisfy the mortgage indebtedness which as of December 4, 2017 amounts to **ONE MILLION THREE HUNDRED SIXTY SEVEN THOUSAND SIX HUNDRED THIRTY THREE PESOS AND 19/100 (P1,367,633.19)** Philippine Currency, including interest and penalty charges as of said date but excluding foreclosure expenses and all other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on May 07, 2019 at 2:00 o'clock in the afternoon at the main entrance of the Government Center Building, located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following property/ies with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF
TITLE NO. T-81165

A parcel of land (Lot 22, blk. 18 of the cons.subd. plan, Pcs-04-016742, being a portion of the cons. of lots 3988 & 3990, Fls-2654, E.C de Malabon Estate & Lot 3991-A, Psd-042122-060311, LRC Rec. No.), situated in Brgy. of Inocencio, City of Trece Martires, Is. of Luzon. Bounded on the SW., along line 1-2 by Lot 21; on the NW., along line 2-3 by Lot 20, both of Blk. 18; on the NE., along line 3-4 by Rd. Lot 16; on the SE., along line 4-1 by Lot 24, Blk. 18, all of the cons.-subd. plan. Beginning at a pt. marked "1" on plan. x x x containing an area of **FORTY ONE SQ. M. & TWENTY FIVE SQ. DEC. (41.25) SQUARE METERS x x x**

All sealed bids must be submitted to the undersigned on the above stated time and place.

In the event the public auctions should not take place on the said date and time, it shall be held on May 14, 2019 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property/ies and encumbrances thereon, if any there be.

Trece Martires City, January 14, 2018

(SGD) **LUCIO C. ALEJO III**
 Sheriff IV

Copy Furnished:

HOME DEVELOPEMENT MUTUAL FUND
 14th Floor, JELP Business Solutions Center
 No. 409 Shaw Boulevard, Mandaluyong City

SUSANA and MANUEL C. DELA CRUZ
 Lot 15, Block 16, Laos St., San Marino
 Central Subd.,
 Salawag, Dasmariñas, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of Sale.

Dateline Weekly Newspaper
Date of Publication: Jan. 21, 28, & Feb. 4, 2019

PDEA...

FROM PAGE 1

MANILA -- An official of the Philippine Drug Enforcement Agency (PDEA) has dismissed the impression that the government's anti-illegal drugs campaign is aimed at "small fry" suspects.

"Our focus is definitely also on the high-value targets, and in tandem with other government agencies. Have faith that this campaign is not geared only towards small-timers," PDEA Director Derrick Carreon said on the sidelines of the Rehabilitation National Anti-Drugs Summit in Davao City.

Carreon cited PDEA's latest drug haul worth PHP1.9 billion in a warehouse in Cavite over the weekend, saying the latest catch proves that the impression is "evidently false".

In coordination with the Philippine National Police and the Armed Forces of the Philippines, the agency retrieved 274 kg. of shabu on Sunday. The confiscated drugs allegedly came from the "Golden Triangle" on the borders of Laos, Thailand, and Myanmar.

"I don't think 274 kg. is small fry and with two Chinese nationals who even fought it out with the operating elements," Carreon said.

"The problem is that the arrest of these street-level criminals are featured more in the daily news and rightfully so because our police is very active in doing so on the streets," he added.

Some critics have slammed the administration's anti-drugs campaign, which they said focuses on street-level pushers and users. (PNA)

DOTr...

FROM PAGE 5

caue, Meycauayan, Mari-lao, Obando, and San Jose del Monte City;

Cavite (southwest) -- Imus, Bacoor, Dasmariñas, General Trias, Silang, Kawit, Noveleta, and Cavite City

Laguna (south) -- San Pedro, Biñan, and Sta. Rosa City
 PUBs that are beyond these areas must terminate their routes at the PITX.

Allowing all provincial buses to enter Metro Ma-cont. on Page. 6. . .

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
BRANCH 23
TRECE MARTIRESCITY

FORECLOSURE CASE NO. F-185-18

HOME DEVELOPMENT MUTUAL FUND,
Mortgagee,

-versus-

CHRISMANN C. EYAYA married to
DONAVANIA G. EYAYA,
Mortgagor/s.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **HOME DEVELOPMENT MUTUAL FUND**, with business address at 14th Floor, JELP Business Solutions Center No. 409 Shaw Boulevard, Mandaluyong City, against the Mortgagor/s, **CHRISMANN C. EYAYA married to DONAVANIA G. EYAYA**, with residence and postal address at 8325 ME Cabezas, Trece Martires City, Cavite to satisfy the mortgage indebtedness which as of December 4, 2017 amounts to **ONE MILLION TWO HUNDRED ONE THOUSAND FOUR HUNDRED THIRTY SIX PESOS AND 83/100 (P1,201,436.83)** Philippine Currency, including interest and penalty charges as of said date but excluding foreclosure expenses and all other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on May 07, 2019 at 2:00 o'clock in the afternoon at the main entrance of the Government Center Building, located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following property/ies with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF
TITLE NO. 077-2015005949**

A parcel of land (Lot 4, Blk. 3) of the cons.subd. plan, Pcs-042122-009215, being a portion of the cons. of Lots 1 to 73, Blk. 26; 1 to 22 Blk. 28; Rd. Lots 29 & 30; Psd-042122-053619, situated in the Bo. of Cabezas, Mun. of Trece Martires, Prov. of Cavite. Bounded on the SW., along line 1-2 by Lot 3, Blk 3; on the NW., along line 2-3 by Lot 6, Blk. 3; on the NE., along line 3-4 by Rd. Lot 2, (6.5 M.Wide) & on the SE., along line 4-1 by Lot 2, Blk. 3, all of the cons.-subd. plan. Beginning at a pt. marked "1" on plan. x x x containing an area of **ONE HUNDRED EIGHTEEN (188) SQUARE METERS x x x**

All sealed bids must be submitted to the undersigned on the above stated time and place.

In the event the public auction should not take place on the said date and time, it shall be held on May 14, 2019 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property/ies and encumbrances thereon, if any there be.

Trece Martires City, January 14, 2018

(SGD)**LUCIO C. ALEJO III**
Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND
14th Floor, JELP Business Solutions Center
No. 409 Shaw Boulevard, Mandaluyong City

CHRISMANN AND DONAVANIA G. EYAYA
8325 ME Cabezas, Brgy. Cabezas,
Trece Martires City, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of Sale.

Dateline Weekly Newspaper
Date of Publication: Jan. 21, 28, & Feb. 4, 2019

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
BRANCH 23
TRECE MARTIRESCITY

FORECLOSURE CASE NO. F-186-17

HOME DEVELOPMENT MUTUAL FUND,
Mortgagee,

-versus-

RICHMOND S. REYES married to
MARILEN T. REYES
Mortgagor/s.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **HOME DEVELOPMENT MUTUAL FUND**, with business address at 14th Floor, JELP Business Solutions Center No. 409 Shaw Boulevard, Mandaluyong City, against the Mortgagor/s, **RICHMOND S. REYES married to MARILEN T. REYES**, with residence and postal address at Lot 10, Block 39, La Paz Homes II, Cabezas, Trece Martires City, Cavite to satisfy the mortgage indebtedness which as of November 27, 2017 amounts to **TWO HUNDRED SEVENTY NINE THOUSAND ONE HUNDRED FOUR PESOS AND 21/100 (P279,104.21)** Philippine Currency, including interest and penalty charges as of said date but excluding foreclosure expenses and all other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on May 07, 2019 at 2:00 o'clock in the afternoon at the main entrance of the Government Center Building, located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following property/ies with all the improvements thereon, to wit: **TRANSFER CERTIFICATE OF**

TITLE NO. 077-2015005949

A parcel of land (Lot 17, Blk. 48 of the subd. plan, Psd-042122-053619, being a portion of Lot 2926-B, Psd-04-021903, LRC rec. No.), situated in the Brgy. of Cabezas, Mun. of Trece Martires, Prov. of Cavite. Bounded on the S., along line 1-2 by Lot 73; on the W., along line 2-3 by Lot 70; on the N., along line 3-4 by Lot 69, all of Block. 48; on the E., along line 4-1 by Rd. Lot 32 (10.00 m.x.) all of the subd. plan. Beginning at a pt. marked "1" on plan. x x x containing an area of **EIGHTY (80) SQUARE METERS x x x**

All sealed bids must be submitted to the undersigned on the above stated time and place.

In the event the public auction should not take place on the said date and time, it shall be held on May 14, 2019 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property/ies and encumbrances thereon, if any there be.

Trece Martires City, January 14, 2018

(SGD)**LUCIO C. ALEJO III**
Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND
14th Floor, JELP Business Solutions Center
No. 409 Shaw Boulevard, Mandaluyong City

**RICHMOND S. REYES married to
MARILEN T. REYES,**
Lot 10, Block 39, La Paz Homes II, Cabezas,
Trece Martires City, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of Sale.

Dateline Weekly Newspaper
Date of Publication: Jan. 21, 28, & Feb. 4, 2019

EXTRA-JUDICIAL

NOTICE IS HEREBY GIVEN THAT THE ESTATE OF THE LATE OSCAR A. SUGATAN HAS BEEN EXTRA-JUDICIALLY SETTLED BY HIS HEIRS THRU EXTRAJUDICIAL SETTLEMENT OF ESTATE AS PER DOC. NO. 490 ; PAGE NO. 98 ; BOOK NO. 02 ; SERIES OF 2019, BEFORE NOTARY PUBLIC ATTY. GABRIEL B. OCTAVA.

Dateline Weekly Newspaper
Date of Publication: Jan. 21, 28, & Feb. 4, 2019

EXTRA-JUDICIAL

NOTICE IS HEREBY GIVEN THAT THE ESTATE OF THE LATE SPOUSES CONRADO BAYAS BAWALAN AND VICTORIA FRANCISCO BAWALAN AND EUFEMIO FRANCISCO BAWALAN HAVE BEEN EXTRA-JUDICIALLY SETTLED BY THEIR HEIRS THRU EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH WAIVER OF SHARE AS PER DOC. NO. 81 ; PAGE NO. 17 ; BOOK NO. IV ; SERIES OF 2019, BEFORE NOTARY PUBLIC ATTY. GABRIEL B. OCTAVA.

Dateline Weekly Newspaper
Date of Publication: Jan. 28, Feb. 4, & 11, 2019

EXTRA-JUDICIAL

Notice is hereby given that the estate of the late MARIA LAURITO LEVANTINO was extra-judicially settled among heirs, as per Doc. No. 372 Page No. 76 Book No. 89 Series of 2018 of the Notary Public Atty. Rosalinda O. Camba of Carmona, Cavite.

Dateline Weekly Newspaper
Jan. 28, Feb. 4, Feb. 11, 2019

DOTr reminds provincial buses to use PITX

MANILA -- Provincial buses are reminded to pass through the Parañaque Integrated Terminal Exchange (PITX) to pick up and drop off passengers.

In a statement over the weekend, the Department of Transportation (DOTr) responded to a proposal by Cavite Governor Jesus Crispin Remulla to allow public utility buses (PUBs) to enter Metro Manila directly from PITX to ferry passengers coming from the province.

The department has issued an order, which allowed the franchises of PUBs from the Greater Manila Area to be converted into city operations to ensure the ease of travel of commuters going to Metro Manila.

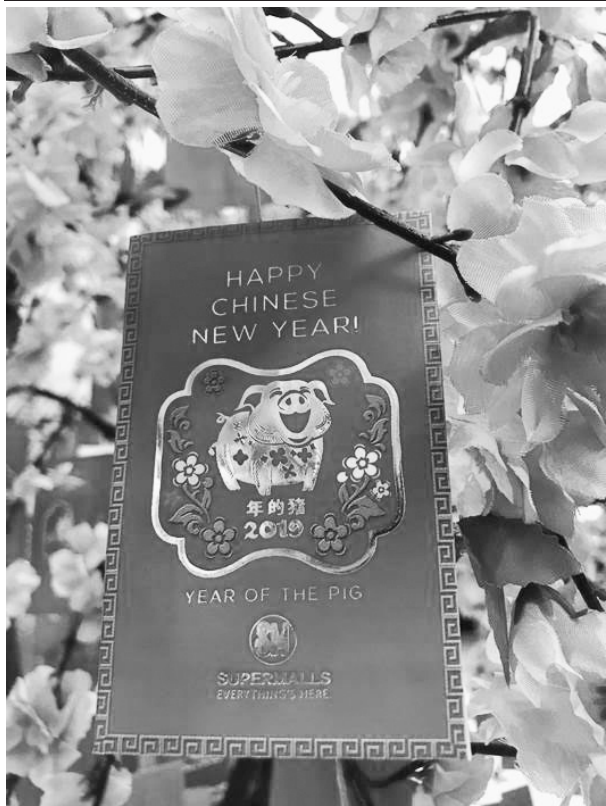
"While the DOTr aims

to decongest traffic in Metro Manila through landports like the PITX, it likewise seeks to strike a balance through its policies in order to temper the effects felt by everyday commuters. The Department recognizes the impact of the said mandatory route termination on the commuters coming from the province, such as additional costs for an extra ride and additional travel time to their daily commute," the statement reads.

Provincial buses converted into city operations must still pass through the PITX before proceeding to their destinations in Metro Manila.

The franchises of buses bound for Metro Manila from the following areas were converted into city operations:

Bulacan (north) -- *Bo-cont. on Page. 4. . .*



13th Anniversary of the Direct Access to Healthy Lifestyle, Intervention, and Advocacy (D.A.H.L.I.A.)

The Direct Access to Healthy Lifestyle, Intervention, and Advocacy or more commonly known as D.A.H.L.I.A., is an initiative by the Municipal Government of Carmona, Cavite. Through this program, the local government aims to promote and encourage its citizens to adapt a healthy lifestyle through regular exercises and balanced diet.

This year, the D.A.H.L.I.A. program shall be celebrating its 13th anniversary with the theme "Keep on Moving, Keep on Soaring." As the annual organizer, the Municipal Health Office also imparted that they're expecting more than 4,000 participants from different sectors who'll join this healthy lifestyle movement. Moreover, Atty. Francis

N. Tolentino, Former Presidential Advisor on Political Affairs, will also grace the event alongside the town's officials headed by Mayor Dahlia A. Loyola and Fifth District of Cavite Representative Cong. Roy M. Loyola.

The 13th anniversary of D.A.H.L.I.A. shall take place at the Carmona Town Plaza on January 29, 2019, Tuesday at 3:00 PM. For further inquiries regarding the D.A.H.L.I.A. program, these can be directed to Dr. Homer L. Aguinaldo, the Municipal Health Officer, or Ms. Estelita Q. Cadiante, Health Education and Promotion Officer. They can be reached at (046) 430-3072 or (046) 443-5397.

Come and celebrate Chinese New Year in SM City San Pablo. Let's all have fun in celebrating the year of the Earth Pig (1959,2019). According to <https://chinesenewyear.net/zodiac/pig/>

These Pigs are social butterflies with friends from all walks of life. They have a lot of support in both work and life. They have fortunate lives and can find happiness. They are successful later in life. However, they aren't the most romantic people and might need to work on that. See you in SM City San Pablo for the annual Dragon Dance as we greet the year of the Pig!

EMPLOYER...

FROM PAGE 1

MANILA -- Some 220,000 private sector employees of Employers Confederation of the Philippines (ECOP)-member companies will be regularized in three years, the Department of Labor and Employment (DOLE) announced on Wednesday.

DOLE Secretary Silvestre Bello III said the commitment is included in the memorandum of understanding (MOU) on the National Voluntary Regularization Program with ECOP which they will sign on Friday.

"We are pleased to announce the conclusion of an agreement with the Employers Confederation of the Philippines for the implementation of a National Voluntary Regularization Plan which will commence this month," he said.

"This will cover workers in more than 3,200 establishments, mostly ECOP members. As a start, between 30 to 40 percent of the workers of the pre-identified establishments will benefit from the plan," Bello added.

Included in the agreement is the absorption by the principal employers as regulars the workers who are believed engaged under illegal contracting arrangements.

Bello said majority of the employees that are likely to benefit are from the National Capital Region and Calabarzon (Cavite, Laguna, Batangas, Rizal and Quezon).

He noted that part of the incentives of ECOP member-companies that are participating in the program is they will not be subjected to labor inspections.

"We will be declaring a moratorium on labor inspection effective for three years, except when there is a complaint lodged against them," he said.

Bello hopes that other groups will also adopt such agreement with the DOLE in the campaign to regularize more workers.

"But we are confident that this agreement will set the stage for the massive regularization to be voluntarily initiated by the rest of the employers

nationwide," he said.

"We consider this agreement a breakthrough in the campaign of the government to reduce if not eliminate the practice of contractualization in the country. This is a significant leap forward in the attainment of the desire of the President to give the *cont. on Page 7...*

Head over to SM City Calamba on Feb. 10 for an early Valentine treat! Watch Stephen Speaks live, with special guest Paolo Santos. Let their music bring you to an acoustic throwback this weekend. Like SM City Calamba on Facebook or follow them on Instagram for event and promo updates.

DOTr...

FROM PAGE 4

nila directly would compromise the operations of the terminal, the department noted.

Some operators that opposed the order are still loading and unloading passengers in the areas of Pasay City and Lawton Plaza in Manila, resulting in inadequate buses for PITX during the afternoon and evening rush hours.

"If the suggested drop-off of commuters in the Metro will be implemented, it will be difficult to enforce the DO as the abovementioned provincial buses, which are dropping passengers in Lawton and Pasay will definitely pick up passengers along their way back to the provinces. With this, passengers who have already booked a trip online won't be assured of having a designated seat or worse, a ride home," the statement read.

The Land Transportation Franchising and Regulatory Board has likewise opened franchise applications for UV Express units to ferry passengers from Cavite province to the PITX.

Five buses were also provided by the Metropolitan Manila Development Authority and the Philippine Coast Guard to offer free shuttle services to and

from the PITX.

Another six shuttle buses are expected to ply the route PITX – Lawton, Pasay and Baclaran to ferry passengers to and from the PITX. This is the result of a Memorandum of Agreement signed by the DOTr with Megawide Corporate Foundation Inc., and the Chamber International Senate Philippines last January for the implementation of free bus rides for the PITX.

A total of 20 new routes for public utility vehicles were also recently opened for the PITX route to serve consumers from the southwest part of Greater Manila Area going to Metro Manila.

"With this, colorum operations, which characterized most of Cavite transportation for years, may already be legitimized, provided that they apply for franchises on the recently opened routes," the statement read.

The PITX, the first integrated and multi-modal terminal in the southwestern part of Metro Manila, serves as a transfer point between provincial buses of Cavite and Batangas, as well as in-city modes of transportation. It also provides interconnectivity between different transport modes and services that will ensure efficient and seamless travel for commuters. (PNA)

Construction...

FROM PAGE 1

UPDATE — The construction of the Light Rail Transit Line 1 extension scheme from Niog in Bacoor to Governor's Drive in Dasmariñas was spotted to be ongoing. The project is part of the current administration's "Build, Build, Build" campaign that aims to relieve the traffic situation in the country.

The development of LRT-1 Cavite Extension was initially set to start a few years ago but Light Rail Manila Corp. (LRMC) president and chief executive officer Juan Alfonso revealed that there are issues that needed urgent attention, causing the project its long postponement.

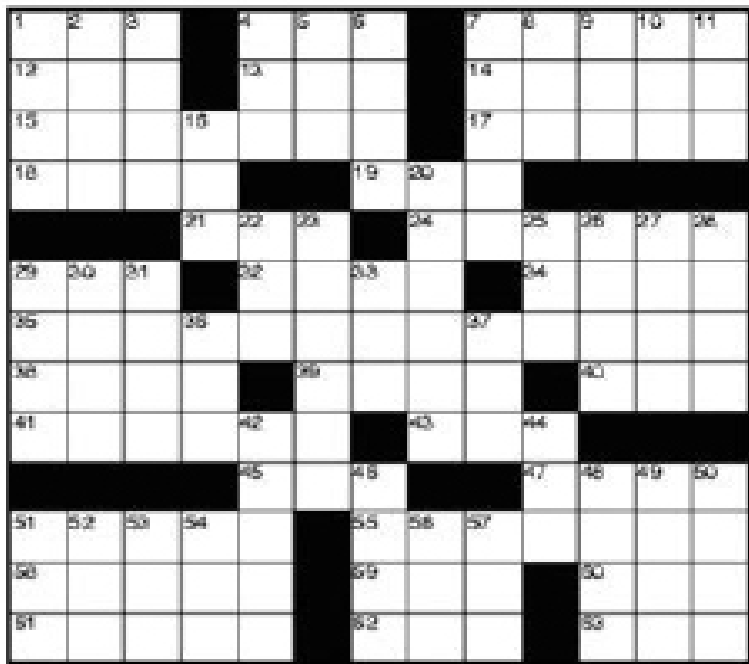
"I think by January it will be more clear when it will really start. A lot of the right of way issues have been resolved, but for example, there are utilities that still need to be relocated, so once those are fairly complete then we can start construction. The

right of way is already there, but sometimes it is not free and clear so there are still obstacles that are being fixed right now," Alfonso said.

Once the project is established, the extension will cover over 33 kilometers, from Roosevelt in Quezon City to Niog, Bacoor in Cavite City. The travel time from Bacoor to Central Station in Manila will be cut to 45 minutes, and to Roosevelt Station in one hour and 10 minutes, even during rush hours.



CROSSWORD



55 The only crossword dictionary with full coverage of contemporary life and _____

58 Actress married to composer Kurt Weill

59 "Today I _____ man!"

60 Barnyard sound

61 The only crossword dictionary with "sound bite", "world-class" and thousands of other _____ terms

62 Lumberjacks tool

63 Alphabetic trio

6 Pig's home

7 "The Rain in Spain" is one _____

8 Doctor of Sci-fi

9 Crete, for example: Abbr.

10 Op. _____ (footnote phrase)

11 Ending for ethyl

16 Burnese statesman

20 Kelly the clown

22 _____ capita income

23 Morty Python member

25 Jettas and Beetles

26 Darne Judi Dencg film

27 Icicle spot

28 Risky business, for short

29 Union bane

30 "Bon _____!" (French farewell)

31 Actress Thompson

33 "Take on Me" rock group

36 Magic marker

37 Where Sydney is capital: Abbr.

42 Yankee great's nickname

44 Get busy

46 Some TV's

48 Dromedary feature

49 Desert Storm site

50 _____ miss (close call)

51 Caricaturist Hirschfeld et al.

52 _____ Aviv

53 Disney deer

54 First name of the author of "we the living"

56 Actress Thurman

57 John Grisham's profession

ACROSS

1 _____ on the back (praise)

4 Peter Pan and Skippy competitor

7 More than _____ as many total entries as any other crossword dictionary

12 Keogh Plan alternative

13 2002 Writer Olympics host

14 Bret Harte character

15 The only crossword dictionary based on the clues in America's most _____ crosswords

17 "Cannery Row" star

18 Gloria Vanderbilt logo

19 Computer capacity unit, for short

21 Checkout scanner ID: Abbr.

24 More than _____ times as many _____ (like "Titanic")

29 Wind heading: Abbr.

32 Mesopotamian kingdom

34 Sarari _____

35 Appropriately, there are 40 entries under this word, meaning "Thorough"

38 "Darling, Je Vous _____ Beaucoup"

39 Has brunch

40 NYSE regulator

41 More than ten times as many _____ (like Chevy and Oreo) as any other crossword dictionary

43 Former US Airways rival

45 Comparative suffix

47 Jay Leno prominent feature

51 Mr. T's TV group

DOWN

1 Gladys Knight's group

2 Pretty maids all in _____

3 Spanish snack

4 Summer mo.

5 "Love _____ Many, Splendid

EMPLOYER...

FROM PAGE 6

Filipino workers secure and decent jobs," the DOLE chief added. Meanwhile, DOLE Assistant Secretary Benjo Benavidez noted that most of the industries covered by the program are from the manufacturing, retailing, and accommodation, particularly factories, malls, and hotels. Based on DOLE data, as of Dec. 2018, a total of 413,940 workers were regularized workers -- 291,612 of which were voluntarily regularized by their own em-

ployers while the 122,328 secured their employment through labor inspections and assessment. (PNA)

FOR WITH
GOD
 ALL THINGS
ARE
 POSSIBLE

HALAMANG GAMOT

MALATUNGAW



ANONG BAHAGI NG HALAMAN ANG GINAGAMIT BILANG GAMOT, AT PAANO GINAGAMIT ANG MGA ITO?

Dahon. Ang dahon ng malatungaw ay maaaring ngayin, dikdikin at ipantapal sa ilang kondisyon sa balat. Maaari din kainin ang mismong dahon na parang gulay para magamot din ang ilang karamdaman. Mabisa din kung iinumun ang pinaglagaan nito.

Ugat. Ang ugat ng halaman ay maaari ding gamitin para sa ilang kondisyon.

Usbong (shoots). Ang murang usbong ng halaman ay kadalasang kinain para makagamot.

ANO ANG MGA SAKIT NA MAAARING MAGAMOT NG MALATUNGAW?

1. **Sugat.** Mabisang pantapal ang dinikdik na dahon ng malatungaw para matigil ang pagdurugo ng sugat at maiwasan ang impeksyon.

2. **Pagtatae.** Ang usbong ng dahon ay dapat kainin para masulosyonan ang kondisyon ng pagtatae. Mainam din inumin ang pinaglagaan ng dahon para magamot ang kondisyon ng pagtatae.

3. **Pananakit ng ngipin.** Mabisang paghugas sa bibig ang katas ng ugat ng halaman upang matulungan ang pananakit ng ngipin.

4. **Altapresyon.** Ang usbong na dahon ng halaman ay dapat ring kainin para mapababa ang presyon ng dugo.

5. **Diabetes.** Maaari ding gamitin para sa diabetes ang usbong na dahon ng malatungaw.

6. **Impatso.** Makatutulong din na pabilisin ang pagtunaw ng pagkain kung iinumun ang pinaglagaan ng dahon.

7. **Almoranas.** Ang pamamaga ng tumbong ay maaring matulungan din kung regular na iinumun ang pinaglagaan ng dahon at ugat ng malatungaw.

8. **Dysenterya.** Ang malalang kondisyon ng pagtatae ay maaaring magamot naman ng pagkain ng usbong ng halaman.

Scientific name: Melastoma malabathricum Linn.; Melastoma heterostegium Naud.; Melastoma congestum Elm. Common name: Malatungaw (Tagalog); Singapore rhododendron (Ingles)

Ang malatungaw ay isang halaman na may katamtamang laki na maaaring tumubo sa taas na 2 metro. Ang mga dahon ay bahagyang malapad na may patalim na dulo. bahagya rin itong nababalot ng maliit na mga buhok. Ang bulaklak naman ay kulay lila at may dilaw na gitna. Karaniwan itong tumutubo sa mabababang lugar sa Luzon, Mindoro at Negros.

ANO ANG MGA SUSTANSYA AT KEMIKAL NA MAAARING MAKUHA SA MALATUNGAW?

Ang dahon at bulaklak ay may taglay na triterpenoids, glycolipids at flavonoids. May taglay din na quercetin 1 at quercitrin 2 ang dahon.

Makukuha din sa halaman ang flavonoids, flavan-3-ols, triterpenes, tannins, anthocyanins, saponins, steroids, glycosides, at phenolics.

WORDHUNT

H	G	E	L	P	H	D	U	H	O	T	G	M	E	DALMATIAN
S	H	E	N	E	U	A	S	C	S	B	I	R	E	DACHSHUND
R	B	O	X	E	R	C	D	E	A	U	R	R	H	BEAGLE
H	N	B	R	L	M	H	D	N	R	L	E	A	R	PINSCHER
C	C	O	R	G	I	S	N	I	E	L	I	O	P	SHEPHERD
O	D	N	U	O	H	H	A	I	H	D	R	R	I	MASTIFF
L	R	H	U	R	E	U	S	R	H	O	R	E	N	SETTER
L	A	R	H	D	D	N	U	B	C	G	E	T	S	CHIHUAHUA
I	H	T	A	B	A	D	T	L	S	E	T	T	C	BULLDOG
E	E	A	D	A	L	M	A	T	I	A	N	E	H	COLLIE
L	M	A	S	T	I	F	F	H	B	A	H	S	E	HOUND
S	C	H	I	H	U	A	H	U	A	O	P	S	R	CORGI
T	E	H	M	I	R	B	E	A	G	L	E	B	A	TERRIER
O	T	L	T	S	M	S	H	E	P	H	E	R	D	BOXER

SUDOKU

			3					1						
	2			4	9	5								
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	9	6					3							
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				8							7	9		

Supporters ni Alunan Nanawagan sa mga Negrense

NANAWAGAN ngayon ang mga tagasuporta ni dating Interior and Local Government secretary Rafael "Raffy" Alunan III sa mga Negrense na panahon na upang mag-upo muli sila ng kinatawan sa Senado makalipas ang halos anim na dekada.

Ayon Wina Montepio Hernandez, co-founder ng grupong FORMA (Friends Of Raffy M. Alunan), matagal-tagal na rin buhat nang magkaroon ng senador na mula sa isla ng Negros kaya siguro naman ay napapanahon na upang muling magkaroon ng kinatawan ang Negros sa Senado.

"We believe in his principles and political ideologies. The Negrenses should be proud of him and support him in his noble cause to once again seek public office, this time, an elected one, for the fulfillment of a vision for a better and united Philippines," ani Hernandez.

Sinabi ng FORMA na nasa 58-taon na umano na walang sumabak na Negrense sa halalan sa pagka-Senador, napapanahon na umano para maipakita ng isla ang kahusayan ng mga naninirahan sa Negros Islands.

"Calling all Negrenses

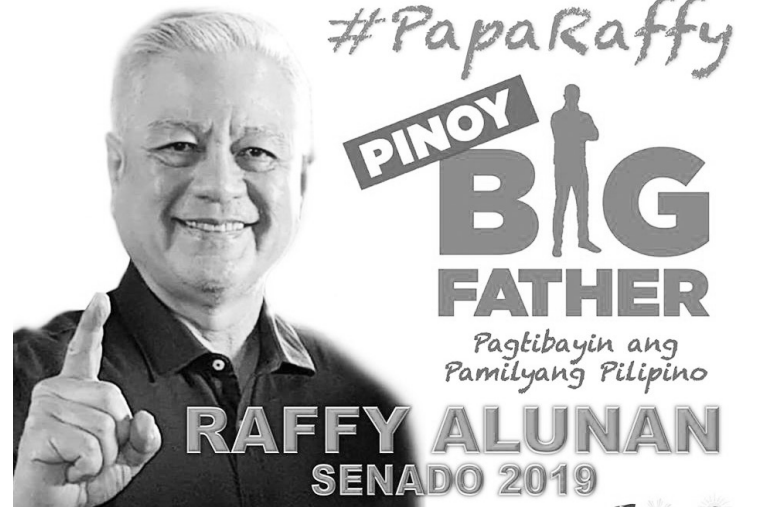
to support Raffy Alunan. At nananawagan din kami na ang lahat ng lahi ay magkaisa para maghalal ng isang kWalipikado sa Senado," pahayag naman ni Joey Montalvo, member ng Executive Committee ng FORMA.

Matatandaan na ginulat ni Alunan ang marami nang maghain siya ng Certificate of Candidacy (CoC) sa Commission on Elections (Comelec) noong Oktubre 2018 matapos ang mahigit na 20-taon na pagpap-

ahinga sa pulitika.

Nais niyang isulong ang tunay na pagbabago para sa ikabubuti ng ating bansa at ng pamamahala sa gobyerno.

"Nais kong isulong ang bagong pulitika na nakatutok hindi sa personalidad o sa angkang kinaaaniban ng mga kandidato kundi sa kakayahang makapaglingkod sa bayan batay sa track record at plataporma de gobyerno," sabi ni Alunan.



Ilan sa mga Negrense na nanilbihan bilang senador ay sina Kgg. Oscar R. Ledesma, Kgg. Jose Locsin, Kgg. Enrique B. Magalona, at Kgg. Ruperto Montinola.



Change agents. Dr. Jaime Aristotle B. Alip, founder and chair emeritus of CARD MRI, emphasized during his visit in CARD Bank in Tanauan (left photo) on January 24, 2019 the important role of Account Officers and field staff in achieving zero extreme poverty in the country. Acknowledged by the founder as "change agents", the staff shared their experiences working with CARD Mutually Reinforcing Institutions (CARD MRI). They also gave an update of the operations of their area. Dr. Alip expressed his thanks to all staff for their commitment and support to CARD MRI's mission of poverty eradication. On January 16, Dr. Alip together with Dr. Dolores M. Torres, senior management adviser of CARD Bank, Flordeliza L. Sarmiento, managing director of CARD MRI, and some management committee members of CARD MRI had a breakfast meeting with CARD Bank and CARD MBA staff in Iloilo (right photo).



UGNAYAN SA BARANGAY CONTINUES IN BRGY. TALON, AMADEO. Hundreds of Amadeo residents gathered and joined Governor Boying Remulla and Vice Governor Jolo Revilla in another leg of the provincial government's Ugnayan sa Barangay at Brgy. Talon Covered Court on January 29, 2019. The chief executive of the province had the chance to talk to the people taking consideration of their sentiments and needs and providing immediate assistance to the best of his ability. With him during the program were former Provincial Administrator Redel Dionisio, Indang Municipal Councilor Ping Remulla, Tanza Municipal Councilor Lito Langit and former Special Assistant to the President Bong Go. Amadeo local officials headed by Vice Mayor Junnel Bayot together with Sanggunian Bayan Members warmly welcomed the Ugnayan sa Barangay team.--Janice D. Patulot



Welcome the Year of the Pig with exciting activities at SM City Calamba. Learn what the stars have to say as Ms Marites Allen gives a fearless Feng Shui forecast on Feb 1. Watch the lion and dragon dance on Feb 3. Bring the whole family and indulge them with a shopping spree at SM's Prosperity Bazaar from Jan 21 – Feb 5.

Have a lucky and prosperous Chinese New Year celebration at SM City Calamba.