

# DILG to investigate and charge those responsible for Gen. Trias Cavite "karakol" and mass gathering



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# DATELINE

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# Dominguez cites need for full transparency in extractives sector



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## COCA COLA STEEL TUMBLER COLLECTION AT MINISO-SM CENTER IMUS



SHOP FOR YOUR PASSION #SHOPATSM  
SM CENTER IMUS, CAVITE – Tired with all your activities for the day? Refresh yourself with your cold Coca Cola drinks on this Steel Tumbler for only Php 499.00 at Miniso SM Center Imus! Get yours today, and add it to your limited edition Coca Cola collections! Hurry and grab one until supplies last!



“  
Mabilis at maayos po ang proseso.  
Maraming salamat po sa lahat  
ng taga Municipio ng Rosario  
at sa SM Management.

MJ Tabao, SM Rider  
on SM City Rosario and LGU's COVID  
Vaccination Program

July 26, 2021



Resbakunado Tayo! Mga Taga Rosario! This vaccinee expressed gratitude to the COVID Vaccination Drive partnership of the Local Government of Rosario and SM City Rosario as they are now one step closer to safety.

# EDITORIAL:

## Doing the heavy lifting

Monday's main event was weightlifter Hidilyn Diaz's clinching of the gold medal for the Philippines at the Tokyo Olympics.

Amid the days-long stretch of rain and flooding, a recent earthquake, on-and-off rumblings of the Taal volcano, a pandemic that refuses to go away and in fact threatens us with yet another surge, a sagging economy, a coming election that has unleashed a pathetic circus of characters, and a floundering response to all that ail our nation, Diaz's victory is exactly what we need to prevent us from sinking into despair.

Diaz's journey is compelling, indeed, starting from when she lifted her first set of weights -- buckets of water for her family. This kind of success does not come without painstaking, sometimes frustrating work over long years.

In 2018, Diaz appealed for better governance in Philippine sports, citing the many administrative controversies that hampered her and her fellow athletes' training. For her forthrightness, she was pilloried by some sectors and accused of letting herself be used for political purposes.

She also made a very public appeal for financial support so she could prepare for the Olympics. Indeed it takes a village to nurture an athlete and flirt with the idea of victory, specifically an Olympic gold. Her reinforced training, thanks to those who heeded her call, allowed her to have a nutritionist, a psychologist, a foreign coach strength and conditioning coach, and plenty of foreign exposure through the Philippine Sports Commission.

Diaz was also the subject of attacks from vicious defenders of the administration that included her in a so-called matrix of personalities plotting to oust the President. None of this was proven, of course, and she focused on her training for the Japan competition, delayed by a year by the pandemic.

All of that is history now, as Diaz set records for both the Olympics and her home country.

At some point, the euphoria will subside, but let us not allow the lessons to fade. Our athletes give us pride and honor, and for all their hard work and sacrifice, they deserve no less than the full support of the government, the private sector and the general public. They set an example to younger sports enthusiasts by living the adage that anything is possible.

We join the rest of the country in hailing a woman of grit and commitment, and all others who continue to toil and train in their respective sports. We needed this lift. Thank you, Hidilyn, for saving the da

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# THE NURTURER

by: ANGELINE SUELO VARGAS



## SILANG TECHVOC PROGRAM: GIVES HOPE TO OUT OF SCHOOL YOUTH AND SKILLED SILAGUENOS

Producing quality outcomes and create sound impact, is the ultimate goal of institutions. Technical courses contributed a lot to the nation's economy. Technical Vocational courses have been proven as the key to skill development. Its feature focused on a specific occupation that allows individual to find skill-related jobs or start own employment. This stands a major role in the economic growth of a nation through the development of the workforce and to raise the rate of employment. This article tries to highlight some of the contributions of the SILANG TECHVOC PROGRAM in uplifting self-employment and the labor market through the development of relevant skills.

This program started with the initiative of our former mayor in Silang Cavite, Honorable Mayor Emilia "Omil" Poblete with the help of one of the pillars of the said program Director Rodrigo P. Vicencio Jr. or known as Lolo Totchie, a person who is reliable in providing essential support for this program together with the Tech Voc Teachers who contributed a lot for the success of this program. The program started in the year 2015.

In the province of Cavite, Silang is the only Municipal that has this kind of program to empower skilled Silagueños and our main target, the out-of-school youth. So far there are lots of individuals who enrolled in the program who got their jobs here and abroad. This program was able to help the residences of Silang in its humble way.

There are lots of ways in which technical vocational education can be strengthened to contribute most effectively to national education and economic goals are the subject of this article. It discusses changes in the economy and in the like of jobs that affect the skills needed in the workplace; unemployment conditions, particularly among the young; and the educational implications of these changes and conditions.

"Vocational education programs have made a real difference in the lives of countless young people nationwide; they build self-confidence and leadership skills by allowing students to utilize their unique gifts and talents." - Conrad Burns

## CARD ...

FROM PAGE 8

and transpire change to local communities. Their knowledge can help them become resilient from the uncertainties of tomorrow.

In these extraordinary times, and despite the real danger, there are individuals who have shown great courage to help the vulnerable communities. Elderly, children and pregnant women face the greatest risks. They have more limited movement in the outside world. We recognize people like Roma Sevidal Altovar for having the bravery of initiating help in her community.

Along with her husband, she goes to the houses of her co-members, especially to the senior citizens, to tend their loan payments minimizing their outside activities. As a Center Chief who sees CARD as an important in-

stitution to them, she uses social media to keep her CARD co-members updated about the organization. The smiles and gratitude she received from her members and buyers always warm her heart. Roma is an exemplary member of CARD MRI who wholeheartedly helps her community during these troubling times. More stories of hope

While the SaNaySay Challenge will run until the end of May 2021, our Facebook Page have already received almost 1,000 responses on its first week alone. It has also sparked conversations among CARD MRI members on how they can support each other at this trying time.

Among the responses received, 30% cited that their greatest contribution is following

the health protocols to keep their selves, their families, and their communities safe. The recent crisis also opens the mind of the communities to be more prepared for the uncertainties of tomorrow. As they realized the many uncertainties, they are promoting savings and financial literacy among their communities. Moreover, a number of CARD MRI members who had surplus agricultural produce such as vegetables, rice, and fruits gave them away to their neighbourhood and communities even at the start of the lockdowns last year -- a sign of helping one another in need.

Since most people halted their source of income, they encouraged one another to create a livelihood like gardening, contribute to established community pantries and community stores. The pandemic teaches us the meaning of teamwork.

These are some simple but impactful contributions of our fellows to their local communities. While we are proud of assisting people to improve their quality of life, we also feel uplifted that we have developed CARD communities who know to create better solutions and carry their communities to progress. Remaining true to our mission, we build communities composed of responsible citizens of the country and are always ready to help.

The pandemic

can never deter our values as Filipinos. We have shown our pagdamayan long before the COVID-19 pandemic. We are always working together to help one another. Generosity, bravery, and kindness are the values our modern heroes have. It is time for them to be seen and recognized.

There are so many ways to help our community. Just like the stories of our nanays, our hands and minds are never empty to extend it to people in need. We can always provide material and non-materials needs to somehow ease the hardship of one family. Our collective efforts, big or small, can offer relief to distressed families.

These CARD clients are igniting hope during this crisis. With CARD MRI, we will always champion their advocacies and empower them so they can empower other people. In the midst of adversity, we join all our nanays and the Filipino communities in celebrating kindness and bayanihan spirit.

About the Author

Dr. Jaime Aristotle B. Alip is the founder and chairman emeritus of CARD Mutually Reinforcing Institutions, a group of 21 institutions that envisions eradicating poverty in the Philippines. He is the recipient of the 2019 Ramon V. del Rosario Award for Nation Building

## Bacoor ...

FROM PAGE 1

MANILA – The city government of Bacoor in Cavite is now monitoring 30 individuals as possible coronavirus disease 2019 (Covid-19) Delta variant cases, Mayor Lani Mercado said on Tuesday.

In an interview with the Philippine News Agency, Mercado said Bacoor currently has two index Delta variant cases in Addas 2C in Molino 2 and in El Grande in Molino 6, prompting them to conduct swab tests for close contacts.

Mercado said the index Delta variant patient in El Grande is now considered recovered after testing negative based on latest swab test.

She, however, said nine of the 10 family members of the Addas 2C index case have been tested positive for Covid-19.

"Sa Addas 2C na may isang index patient na reported, pina swab namin yung 10 na magkakasama dun sa bahay (In Addas 2C where there was reported index patient, we swabbed all 10 of those inside the house), unfortunately, 9 out of 10 nag (turned) positive," Mercado said.

Mercado said the city health office also conducted antigen test in Addas 2C and nine more residents tested positive for Covid-19.

"So in Addas 2C, we have a total of 18 there," Mercado said.

She said 12 more individuals in El Grande also yielded positive for Covid-19 after undergoing antigen test on Monday.

Mercado said the Department of Health (DOH) advised the city government to treat all the individuals tested positive in Addas2C and El Grande as Delta variants.

cont. on page 3



## KAPANALIG

NI Nelson Dimapilis

### Reaction to President Duterte's last SONA

Senator Win Gatchalian commended the Duterte administration's economic recovery plans to revitalize the country's economy and generate jobs in the light of the impact of the COVID-19 pandemic. However, Gatchalian was hoping the President would tackle the education crisis that started even before the pandemic.

The Vice Chairman of the Senate Committee on Economic Affairs echoed the President in his renewed call for Congress to pass priority measures such as the Foreign Investments Act, Public Services Act, and Retail Trade Liberalization Act which the senator himself has been pushing.

Gatchalian cited the creation of the National Employment Recovery Strategy which aims to generate more jobs and ensure the upscaling of workers and increasing their employability and the benefit of the Pondo sa Pagbabago at Pag-asenso program of the administration to assist struggling small entrepreneurs.

Just like the President, Gatchalian has been seeking to cut red tape and streamline government processes when he filed "Full Digital Transformation Act of 2020" which aims to provide full, integrated E-Government (eGov) services to the public by the end of 2022.

"With just a year left in office, there's still a load of work that needs to be accomplished and with perseverance and strong resolve to get back to our feet and bring back a semblance of normalcy in our lives, I believe it can be realized," Gatchalian said.

While he is one with the President in lauding the enactment into law of the senator's own landmark bill – the Universal Access to Quality Tertiary Education or the Free Tuition Law, the Chairman of the Senate Committee on Basic Education, Arts and Culture also pressed the need to address what he calls the "crisis" in the basic education sector which is rooted from the struggle of learners to master basic competencies and their poor performance in international large-scale assessments.

He added that he will file other bills to support learning recovery and the strengthening of the basic education sector. To address the learning losses resulting from a year of school closures, Gatchalian plans to file a bill that would put a "catch-up" plan in place.

"Sa nalalabing mga buwan ng kasalukuyang administrasyon, tutukan natin ang muling pagbangon at pagpapatatag sa sektor ng edukasyon matapos ang pinsalang dulot ng pandemya. Titiyakin nating makakapagpasa tayo ng mga angkop na batas upang maingat ang kalidad ng edukasyon, gawing mas ligtas ang ating mga paaralan, at maging handa ang ating kabataan na tugunan ang mga pangangailangan ng bansa," said Gatchalian.

### Bacoor...

"As per DOH, treat it as Delta variant yung nag positive kasi ang test ng Delta variant after two weeks pa malalaman, since exposed sila sa Delta variant index patient, considered lahat yun Delta na (those who resulted positive since the test for Delta variant will come after two more weeks, and since they were exposed to the Delta variant index patient, they are all considered Delta variants)," she said.

Mercado said they still have to wait for the genome sequencing test results for confirmation.

In the meantime, she said all the necessary precautions are being undertaken to prevent the spread of Delta variants.

She said 288 individuals in El Grande and 247 in Addas 2C underwent antigen test.

With the new development, Mercado said the granular lockdown in El Grande and Addas 2C has been extended until August 9 and 10, respectively, affecting 80 households.

"Yung mga na test namin na nag-positive, in-isolate na namin sa community, nilagay na namin sila sa mga

### Dominguez...

FROM PAGE 1

Finance Secretary Carlos Dominguez III has underscored the importance of full transparency in the extractives industries to build public trust and enable policymakers and stakeholders to better assess their costs and benefits to the economy based on fair and accurate information.

Transparency, which ensures the free flow of accurate data in the extractives industries, also allows better coordination, the implementation of appropriate interventions, and greater agility in responding during times of crises, Dominguez said.

Recognizing the important contribution of the extractive industries to the country's economic resiliency during this pandemic, Dominguez said the government will continue to rely on this sector to provide much-needed revenues, create jobs, and drive economic growth, while striking a "delicate balance between economic development and environmental stewardship."

He said that regulations governing this sector must ensure this delicate balance to realize the best outcomes for the Filipino people.

"The most important value we need to uphold at all times is transparency. Without this, there will be constant suspicion and all sorts of unfounded claims. With full transparency, we can better assess the costs and benefits of the extractive industries. Increased accountability will improve governance of the sector and management of natural resources. This will serve both the sector's

and the communities' best interests," Dominguez said at the opening of the 8th National Conference of the Philippine Extractive Industries Transparency Initiative (EITI).

The virtual conference also served as the public launch of the 7th EITI Report, which contains the results of continuing efforts to promote transparency and accountability in the extractives sector, comprising the oil, gas, coal and mining industries.

Dominguez said the EITI continues to help achieve the balance between economic development and environmental stewardship by being a credible source of fair and accurate information for policymakers in coming up with an appropriate fiscal regime for mining.

"In addition, the EITI enables the productive exchange of information and positive dialogue among stakeholders. This clears the air of misinformation. This also encourages the extractive industries to be constantly mindful of their responsibilities to society, and the advocacy groups to be always vigilant in checking facts," Dominguez said.

The EITI also helps ensure that the extraction of the country's natural resources will substantially contribute to the sustainable development of the nation, he said.

Dominguez congratulated the EITI for being able to organize its conference and release its report despite the challenges of the pandemic.

This year's EITI conference was the second time that it was held online because of the mobility restrictions imposed to curb the spread of COVID-19. (PR)

FROM PAGE 1

isolation facilities (Those tested positive have already been isolated, they are now in our isolation facilities)," Mercado said.

She said the city government has already asked assistance from the DOH as it continues to conduct antigen test particularly those who have close contact with the 30 individuals tested for Covid-19.

Mercado said both index cases have no travel history, except in a Metro Manila hospital where they underwent checkups.

As of Tuesday, she said Bacoor has recorded 730 active Covid-19 cases.

The city government has vaccinated 82,432 individuals for the first dose, while 33,549 have already received their full doses of the Covid-19 jabs, Mercado said.

Mercado called on her constituents to continue following the basic health and safety protocols and to stay at home as much as possible. (PNA)

### OCEANA...

FROM PAGE 1

As President Duterte enthusiastically enumerated his administration's achievements in his last State of the Nation Address (SONA) on July 26, he chose to omit the government's action to reduce and stop marine pollution which is a grave threat to the health of humans, animals and our ocean.

Ramos added: "We take exception to the president's justifications on his administration's 'band-aid' efforts to beautify Manila Bay. The recent footage of this reclamation project shows that dumping crushed dolomite is adding to our pollution woes and will not cover up one of the root causes of our problems in Manila Bay. Continuing erosive action of the waves, not to mention the sea level rise and storm surges, the regular occurrence of the southwest monsoon, and other weather disturbances will necessitate a never-ending job of touching up of this artificial white beach which blatantly disregarded requirements of various environmental laws including the Environmental Impact Assessment System Act. The millions of pesos being spent on that small portion of Manila Bay are better be used to address the more pressing concerns of the Filipinos, which are deepening poverty and unemployment, climate crisis and COVID-19 and their dire impacts on our well-being."

"It is regretful that while the children prayed for guidance for government officials to work for the environment during the opening prayer at the SONA, the president failed to address this serious concern. We want to see the current administration prioritize its mandate to protect the source of our life – our biodiversity, our ocean, and the natural world.," said Gloria Estenzo Ramos, Oceana Vice President.

The Oceana head said no amount of infrastructure spending will benefit the people and the economy if constant flooding, clogged drainage and siltation will stop the movement of people and goods at the slightest amount of rain. "We have seen this happen more frequently as scientists have so predicted because of climate change.

Will we just wait for that perfect storm to happen? Local government units and the stakeholders have identified one of the main culprits of this problem, and that is plastic. The government agencies tasked by law to impose ban and regulate non-environmentally acceptable products and packaging including single-use plastic remain ineffectual up to this day," added Ramos.

It is for this reason that concerned citizens, local governments and civil society organizations including Oceana are taking action to press the National Solid Waste Management Commission (NSWMC) to perform its two-decade old mandate of banning non-environmentally acceptable products and packaging which necessarily includes single-use plastic and implement RA 9003, the Ecological Solid Waste Management Act of 2000 to address ballooning problem of marine plastic pollution.

Coming from various provinces in the country, the stakeholders—including the youth and children, fisherfolk, NGOs and divers – also decided to initiate the first step for holding the government agency and its officials accountable for what they consider as "apathy to the heavy burden of mounting plastic pollution" that has inundated the country's waters.

Notices to sue were served last month to the National Solid Waste Management Commission (NSWMC), and 13 public sector members, including Environment secretary Roy A. Cimatu, Trade secretary Ramon M. Lopez, Science and Technology secretary Fortunato dela Peña, Health secretary Francisco Duque III, Public Works secretary Mark S. Villar, Agriculture secretary William Dar, Metropolitan Manila Development Authority CEO Benjamin Abalos Jr., among others.

Oceana is an international advocacy organization dedicated to protecting the world's oceans. Since 2014, Oceana has been working closely with national and local government agencies, civil society, fisherfolk and other stakeholders to restore abundance of Philippine fisheries and marine resources. (END)

Republic of the Philippines  
Fourth Judicial Region  
REGIONAL TRIAL COURT  
Branch 111

Sitting at 2nd Floor, Poblacion Elementary  
School

City of Bacoor, Cavite

Email Address: rtc1bcr111@judiciary.gov.ph  
Cellphone Numbers: Civil Cases 0960-5127706  
Criminal Cases 0906-5011224

LRC Case No. 8843-2021-41

**IN RE: PETITION FOR RECONSTITUTION  
AND ISSUANCE OF THE ORIGINAL  
OWNER'S DUPLICATE COPY OF TRANSFER  
CERTIFICATE OF TITLE NO. T-86637  
ISSUED BY THE REGISTRY OF DEEDS  
OF BACoor CITY**

**HEIRS OF QUIRINO Q. SORIANO**  
represented by **LUISITO M. SORIANO,**  
Petitioners

X ----- X

**ORDER**

In verified petition, petitioner HEIRS OF QUIRINO Q. SORIANO represented by LUISITO M. ROSARIO, the registered owner of a parcel of land specifically Lot NO. 4627 of the Imus Estate Subdivision situated at Bayanan, Bacoor, Cavite which is covered by and more particularly described in Transfer Certificate of Title No. T-86637, with an area of Eight Thousand Two Hundred Eighty Seven (8,287) square meters seeks an order directing the Register of Deeds of the City of Bacoor, Cavite, to issue a new original Owner's Duplicate Copy of the Certificate of Title No. T-86637, and the same to be regarded as the original Owner's Duplicate Certificate.

Finding the petition sufficient in form and substance, the petition is set for hearing on October 14, 2021 at 8:30 in the morning, before this Court, on which date, time and place, all interested persons are enjoined to appear and show cause why the same should not be granted.

Let this order be published in a newspaper of general circulation in the Province of Cavite once a week for three (3) consecutive weeks at the expense of the petitioner.

Likewise, let copies of this Order be posted in conspicuous places at the Hall of Justice of Bacoor, the Registry of Deeds of Province of Cavite, and the City Hall of Bacoor, Cavite.

Let also a copy of the Petition and Notice of Initial Hearing be furnished to the Register of Deeds of City of Bacoor, Cavite, the Office of the Land Registration Authority in Quezon City, the Office of the Solicitor General in Makati City, and the Office of the City Prosecutor in Bacoor Cavite.

**SO ORDERED.**

City of Bacoor, June 10, 2021.

(sgd.) **MARISSA P. ESTABAYA**  
Presiding Judge

Copy Furnished:  
Atty. Dorothy Dale D. Oriol  
025 Pagtakhan St., Poblacion  
Bacoor City, Cavite

Office of the City Prosecutor  
Hall of Justice  
Bacoor City

Office of the Solicitor General  
134 Amorsolo St., Legaspi Village  
Makati City, M.M.

Land Registration Authority  
East Avenue cor. NIA Road, Diliman  
Quezon City

Register of Deeds  
City of Bacoor, Cavite

**Dateline Weekly Newspapers:**  
July 26, Aug. 02 & 09, 2021



**SM City Dasmariñas conducts Sensitivity Training for Customers with Different Needs**

SM City Dasmariñas and SM Cares recently held a seminar called Sensitivity Training for Customers with Different Needs. This aims to have a better understanding and a better service for the customers especially those with different needs. The event was participated by the Mall's Security personnel, agencies, tenants and admin employees. The seminar tackled ways on how to properly approach and assist customers with different needs. It also helped the audience to identify correctly who are the customers they need to assist in different approach. SM Supermalls and SM Cares are always finding ways on how to better serve the customers. Mall Management made sure that during the event, safety protocols were properly followed.

**DA-4A extends P2M financial assistance to Umiray ARB coop**

CALAMBA CITY, Laguna, (PIA) - The Department of Agriculture IV-CALABARZON (DA-4A) through its Enhanced KADIWA Program signed a memorandum of agreement (MOA) with the Umiray Agrarian Reform Beneficiaries Multi-Purpose Cooperative (UMARBEMPCO) based in General Nacar, Quezon for P2-M worth of financial assistance July 27.

According to DA-4A, out of the P2M financial assistance, P1.6-M will be used for the procurement of a lightweight delivery van, P130,000 for farm equipment, and P270,000 is reserved for the coop's working capital.

UMARBEMPCO Chairperson Gina P. Tondo explained, "Sobrang nagpapasalamat po kami sa DA. 'Yong van po ay napakalaking tulong sa'ming mga farmer at non-farmer members dahil ang aming lugar ay malayo. 'Yong tractor naman po ay makakatulong sa land preparation, at 'yong working capital naman po ay para sa pamimili ng mga gamit na kakailanganin namin sa pagsasaka."

(The van will be a big help to farmers and non-farmer members of our coop as our place is far flung while the tractor will help in land preparation and the working capital for the purchase of other necessities in farming.)

OIC-Regional Executive Director Vilma M. Dimaculangan signed the MOA with UMARBEMPCO while Agribusiness and Marketing Assistance Division (AMAD) Chief Editha M. Salvosa, other DA-4A staff, and representatives from UMARBEMPCO witnessed the event.

"Salamat po sa pagtugon ninyo sa aming mga requirement sa inyong samahan. Sana po ay mapagyan ninyo ang mga ipagkakaloob na ito ng DA," Director Dimaculangan said to coop representatives.

(Thank you for complying with the requirement from your coop. We hope you enriched this assistance provided by the DA) (CPG, PIA-4A with report from DA RFO IVA-RAFIS)



DA-4A OIC Regional Executive Director Vilma M. Dimaculangan along with other DA 4A staff and representatives of Umiray ARB Multi-purpose coop pose for a photo after the MOA signing of a P2M financial assistance deal July 27. (Photo: DA RFO IVA-RAFIS)

## A TASTE OF ILOCOS AT FARIÑAS ILOCOS EMPANADA - SM CITY BACCOOR FOODCOURT

**SM CITY BACCOOR, CAVITE** - Bacooreños can finally have a taste of authentic Ilocos Empanadas with Fariñas Ilocos Empanada (FIE) in SM City Bacoor! Conveniently located at the FoodCourt, Fariñas Ilocos Empanada serves a variety of Ilocano dishes. Foodies can enjoy the hearty Ilocos miki, crunchy bagnet, and the popular Ilocos longganisa. Other Ilocano specialties include poqui-poqui, Bonuan bagnet and dinakdakan. Customers can also



bring home frozen goods to enjoy at home.

Fariñas Ilocos Empanada - SM City Bacoor joins the growing number of FIE branches in Cavite. In partnership with SM, FIE is able to satisfy a big customer base hungry for Ilocano dishes. As the pandemic affects the travel industry, FIE is determined to bring the flavors of Ilocos closer to the Filipinos.

## OPERATION TULONG EXPRESS FOR BACCOOR CITY FLOODED COMMUNITY



In the photo is Mr. Ben Ali Tolention, SM City Bacoor's Assistant Mall Manager with Ms. Catherine Omarali, SM Cavite and Rizal Group PR Manager, handing out Kalinga Packs to Brgy. BARS Habay 1 Barangay Officials for distribution.

**SM CITY BACCOOR, CAVITE** - With the recent flooding brought about the monsoon and typhoon Fabian in Southern Luzon, Brgy. BARS Habay 1 residents were affected as Bacoor catch the waters from upland Cavite. Knee-high waters submerged most of their homes and made it harder for them to work in the middle of the pan-

demic.

With the generous hearts of our SM Supermalls, SM Retail, SM Markets, and SM Foundation through SM City Bacoor, 1,100 Kalinga Packs were distributed to the residents of the affected community. The relief packs were loaded with essential supplies such as rice, water, canned goods and noodles so they can secure at least their family's meal for a day or two. The residents were grateful as SM City Bacoor prioritized helping them whenever the need arises. Brgy. BARS Habay 1 was also one of SM Cares Kalinga Packs recipient last Christmas 2020.

## WATSONS IS RETAIL ASIA'S HEALTH AND BEAUTY RETAILER OF THE YEAR



Watsons staff happily complies with health safety protocols to keep a safe shopping experience for their customers.

Watsons Philippines was recently named Retail Asia's Health and Beauty Retailer of the Year- Philippines at the recently concluded virtual 16th Retail Asia Awards 2021. The one-stop source for retail intelligence for Asia, Retail Asia gathers and recognizes the region's most outstanding retail initiatives in its annual prestigious and exciting awards event.

During the same ceremony, it won the Marketing Initiative of the Year award for its "Stay Strong and Beautiful" campaign. Featuring 300 influencers using the hash tag #staystrongstaybeautiful and to date, the campaign has already reached over 31 million unique users from Facebook, Instagram and Google. Watson's e-catalogue, which offers various promos, has also reached 18.7 million users.

The year 2020 was a challenging year for everyone due to the COVID-19 pandemic and the imposed mobility restrictions. Customers had a shift in their mindset and started to prioritize their family's health and safety at all times.

Watsons, through their campaign, responded to this shift by highlighting the importance of both health and beauty in navigating difficult challenges. They also provided alternative shopping experiences to ease the worries of their customers through watsons.com.ph and call the delivery service which covers around 100 store hubs servicing nearby areas.

Since the start of the pandemic, Watsons started to highlight the importance of health and wellness by promoting products like vitamins, supplements, hygiene and personal care products both in store and in their shared content online to spread messages of self-care, DIY personal care and protection.

Watsons also opened a total of 67 physical stores and launched new Watsons Generics products like rubbing alcohol, effervescent, generic vitamins, and supplements to continuously meet the demands of their customers especially during these challenging



Watsons Philippines won the Health & Beauty Retailer of the Year - Philippines at the prestigious Retail Asia Awards 2021.

### DEED OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

Notice is hereby given that the estate comprising a property located at Brgy. Navarro, General Trias City, Cavite with Transfer Certificate of Title No. T:057 2017065608 under the name of the deceased SPOUSES FROILAN NAMAYAN TRESBALLES and MILA DEE OBRERO TRESBALLES, who died intestate on OCTOBER 20, 2019 and MAY 4, 2006, has been Extra-Judicially settled in favor of VONJOSEPH OBRERO TRESBALLES, per Deed Executed on July 19, 2021 at General Trias City, Cavite before Notary Public Christopher P. Columna, Per Doc. No. 257; Page No. 53; Book No. 33; Series of 2021.

Dateline Weekly Newspapers:  
July 26, Aug. 02 & 09, 2021

## 27 kaso ...

Umabot sa 27 ang kumpirmadong kaso ng mas nahahawang COVID-19 Delta variant ang naitala ng Department of Health Center for Health Development Region IV-A.

Ayon kay OIC Regional Director, Dr. Paula Paz Sydiongco, nasa maayos na lagay ang tatlong kumpirmadong kaso kung saan isa sa mga ito ay gumaling na, habang ang dalawa (2) naman ay kasalukuyang kinukumpleto ang kanilang isolation.

Sa naturang bilang, tatlong (3) kaso ang naitala sa lalawigan ng Batangas, partikular na sa mga baran ng Bauan, Lemery at San Juan (tig-isang kaso bawat bayan); anim (6) sa Cavite kabilang na ang Bacoor City - 2, General Trias City-1, Carmona-1, Silang-1 at Tanza-1); 17 sa Laguna (San Pablo City - 6, Calamba City -3, San Pedro City -3, Bay -2, Lumban -2, at Los Baños - 1). Nakapagtala naman ang Rizal ng isang

kaso ng Delta variant sa bayan ng Rodriguez.

Nilinaw rin ni Dr. Sydiongco na ang isang kaso sa lungsod ng Biñan ay permanenteng nakatira sa National Capital Region (NCR)

Upang matulungan ang mga pamayanan na maiwasan ang pagkalat ng Delta variant sa kani-kanilang hurisdiksyon, agad na nakikipag-ugnayan ang DOH IV-A sa mga lokal na pamahalaan.

Matapos isalialim ng University of the Philippine Genome Center sa genome sequencing ang mga sample, agad ibinigay ang resulta sa DOH Central Office sa Quezon City na siyang ibinababa sa mga rehiyon para sa agarang pag responde at pagpapaalam sa mga lokal na pamahalaan.

Siniguro din ni Dr. Sydiongco na patuloy ang mga lokal na pamahalaan sa pag-

sasagawa ng contact tracing sa lahat ng kumpirmadong kaso ng COVID-19, maging delta variant man ito o hindi. Agad rin dinadala sa mga Temporary Treatment and Monitoring Facility (TTFM) ang mga close contact ng mga nagpositibo sa virus para sa kanilang quarantine.

Sa kasalukuyan, patuloy na binabantayan ng DOH IV-A ang kaso ng Delta variant sa rehiyon.

"Dahil 'di pa natin masasabi ang extent ng delta infection sa ating lugar, patuloy po ang ating pagiging vigilant sa pag-monitor ng mga lugar sa ating rehiyon na may pagtaas ng kaso ng Covid-19," ani Dr. Sydiongco.

Bukod sa masusing pagsunod sa mga public health protocol, hinikayat rin ni Sydiongco ang mga lokal na pamahalaan na pag ibayuhin ang kanilang contact tracing efforts upang makamit ang target na 1:15 case to close contact ratio. (PIA)

FROM PAGE 1

## 11th PH-Japan ...

The Philippines and Japan marked Wednesday (July 28) their 11th high-level meeting on infrastructure development and economic cooperation with the completion this month of the 2017 Japanese commitment of 1 trillion yen (about US\$9 billion) in assistance for the Duterte administration's Build, Build, Build (BBB) program and its other priority initiatives.

In the completion of then-Japan Prime Minister Shinzo Abe's commitment to President Duterte to extend JPY1-trillion in financing to the Philippines from 2017 to 2022, Finance Secretary Carlos Dominguez noted the signing on July 27 of the Exchange of Notes for the P253.31-billion (about US\$2.3 billion) second tranche loan for the 1st phase of the Metro Manila Subway Project.

This commitment was fulfilled under the current administration of Japan Prime Minister Yoshihide Suga, who was the Chief Cabinet Secretary during Prime Minister Abe's term.

Dr. Hiroto Izumi, the Special Advisor to the Japan Prime Minister, who led the Japanese side in the virtual meeting, also highlighted this "milestone achievement" in the longstanding partnership between the two countries which Japan was able to deliver in four-and-a-half years.

He said that under the two countries' "fast and sure approach," Japan is planning to expand its assistance to the Philippines beyond its 2017 commitment of JPY 1 trillion.

The Philippine side was led by Secretary Dominguez and Socioeconomic Planning Secretary Karl Kendrick Chua.

Secretary Dominguez noted that "today's meeting [reflects] the 65th anniversary of the normalization of the Japan-Philippines diplomatic relations and a decade-old Strategic Partnership."

"What better way to spend this momentous occasion than by fulfilling the one trillion yen commitment to the Philippines by the Government of Japan during the Duterte administration from 2017 to 2022, covering both ODA (official development assistance) and private sector financing," he added.

Dr. Izumi, on his part said that "Japan, led by Prime Minister Suga, has continued to give us his support to Build, Build, Build and the Mindanao peace process," which underscores the "comprehensive" and "deepening" cooperation between the two countries.

He cited the Light Rail Transit (LRT)-2 East Extension Project that was completed despite the severe constraints of the pandemic, and recently inaugurated by President Duterte, as a prime example of Japan's "fast and sure" approach in delivering its assistance to the Philippines.

A significant portion of the JPY1-trillion commitment to the Philippines provided funding support for the big-ticket projects of the Duterte administration's BBB program, such as the Metro Manila Subway, North-South Commuter Railway, Metro Rail Transit-3 Rehabilitation, Metro Manila Priority Bridges Seismic Improvement, Davao City Bypass Construction Project, Cebu-Mactan Bridge (4th Bridge) and Coastal Road Construction Project, and the Paranaque Spillway, among others.

Japan has also assisted the Philippine government in developing the Subic Bay Regional Development Master Plan, with the final report on the study having been completed by the Japan International Cooperation Agency (JICA) within schedule despite the logistical challenges posed by the pandemic. The report was handed over to Secretary Dominguez by Japanese Ambassador to the Philippines Kazuhiko Koshikawa on July 27.

"The cooperation in Subic Bay is a testament to the decades of deepening strategic partnership between our two countries," Dr. Izumi said.

The Philippine side acknowledged Japan's support for the development of the Subic Bay and its surrounding areas, as well as its assistance in crafting the master plans for the New Clark City, the urban transport system and comprehensive sewerage system in Cebu, and the infrastructure development of Davao City.

Secretary Dominguez assured the Japanese side that despite the ongoing pandemic, "we will continue our Build, Build, Build Program as planned and we look forward to this initiative to generate the highest multiplier effect to accelerate our economic recovery."

Secretary Dominguez also expressed his deep appreciation for the continuing assistance extended by the government and people of Japan to the Philippines' COVID-19 response efforts, including Japan's donation of 1 million doses of the AstraZeneca vaccine for the country's mass vaccination program.

"Our long-standing partnership proved to remain intact and beneficial to the resilience of our economies amidst these trying times. We truly appreciate your Government's continued assistance to the Philippines' initiatives in accelerating infrastructure development and addressing the effects of the COVID-19 pandemic," Secretary Dominguez said.

Aside from the AstraZeneca vaccine donation, Japan's assistance to the Philippines' COVID-19 response include the Post-Disaster Stand-by Loan (Phase 2) and the COVID-19 Crisis Response Emergency Support Loan totaling JPY100 billion (about US\$910 million) combined; the JPY2-billion (about US\$18.2 million) Non-Project Grant Aid for the provision of medical equipment; and the JPY687-million (about US\$6.3 million) Program Grant for COVID-19 Crisis Response Emergency Support Provision of Cold Chain Transport and Ancillaries that aims to ensure safe and efficient vaccines delivery and preservation of the integrity and quality of vaccine doses.

Philippine and Japanese officials also reaffirmed during the meeting their strong cooperation on the implementation of projects aimed at maintaining peace and spurring development in Mindanao, which include the rehabilitation of Marawi City and the transition and normalization processes in the Bangsamoro Autonomous Region in Muslim Mindanao (BARMM).

Secretary Dominguez also thanked Japan for its commitment "in deepening our cooperation in the sectors relating to regional development, information and communications technology, energy, environment, public safety, and disaster risk management."

The Philippine panel to the meeting included Secretaries Wendel Avisado of the Department of Budget and Management (DBM), Arthur Tugade of the Department of Transportation (DOTr), Francisco Duque III of the Department of Health (DOH), Alfonso Cusi of the Department of Energy (DOE), Mark Villar of the Department of Public Works and Highways (DPWH), and Eduardo del Rosario of the Department of Human Settlements and Urban Development (DHSUD), who is concurrent Chairman of Task Force Bangon Marawi (TFBM); Minister Naguib Sinarimbo of the BARMM Ministry of the Interior and Local Government (MILG); and Bases Conversion and Development Authority (BCDA) President-CEO Vivencio Dizon.

Other officials who joined the meeting were Undersecretary Mark Dennis Joven of the Department of Finance (DOF); Undersecretary Marvin Gatpayat of the Presidential Communications Operations Office (PCOO); and Assistant Secretary Maria Edita Tan of the DOF.

Joining Dr. Izumi at the virtual meeting were Japanese Ambassador to the Philippines Koshikawa Kazuhiko; Mr. Kiyama Shigeru, Special Adviser to the Cabinet; and officials from JICA, the Japan Bank for International Cooperation (JBIC), and the Japan Overseas Infrastructure Investment Corporation for Transport and Urban Development (JOIN).

Officials from Japan's Ministries of Finance; Foreign Affairs; Land Infrastructure and Tourism; Internal Affairs and Communications; Economy, Trade and Industry; Natural Resources and Energy; and Environment, also attended the meeting.

Japan ranks as the no. 1 provider of ODA to the Philippines, with loan and grant commitments amounting to around US\$11.3 billion as of December 2020. This sum represents 36 percent of the country's total ODA portfolio. (PR)

FROM PAGE 1

## DILG ...

The Department of Interior and Local Government will investigate the "karakol" procession and mass gathering that happened in Arnaldo Highway, Barangay Santiago, Gen. Trias, Cavite last Sunday for violating IATF rules and regulations against mass gathering and for being a possible super spreader event.

DILG Undersecretary and Spokesperson Jonathan Malaya said that Secretary Eduardo Año has directed the DILG Regional Office to send a team to General Trias to investigate the incident and determine who is responsible so that formal administrative and criminal charges can be brought against them.

In a viral video circulating on social media, hundreds of residents are seen attending the illegal karakol procession without using face masks, face shields, with no social distancing even if Cavite is under GCQ with Heightened Restrictions.

"From the video we have seen, all of the minimum health standards and BIDA behaviors were violated by the participants. We will get to the bottom of the incident and determine who are those responsible," said Malaya.

He said that the barangay captain, who reportedly allowed and even participated in the karakol, has reportedly apologized for the incident but no apology will be enough for his illegal act and for risking public health and safety in General Trias.

"The DILG has repeatedly reminded all barangay officials that they are our first line of defense against the Delta variant. All of them should serve as our role model and also model of discipline. The Barangay Chairman's act at this time when we are fighting the

Delta variant is inexcusable," he said.

Malaya also said that those who participated in the karakol procession should also be held liable for violating the City Ordinance on adherence to minimum health standards.

He said that they will also ask the City Government and the General Trias Police Station why the event was allowed to proceed and what action they have taken when they learned of the incident.

He said that the City Government should do testing and contact tracing of those who participated in the mass gathering.

He reminded the public that GCQ with Heightened Restrictions means that mass gatherings are not allowed unless it is essential for health services, emergency services, humanitarian activities, and some essential gatherings but up to 10% only of venue capacity.

He also emphasized that entertainment venues like bars, concert halls, theatres, billiards, arcades, internet cafes, amusement parks, cockpits, and indoor court sports, and indoor tourist attractions are also not allowed.

"Outdoor contact sports like barangay basketball games are also prohibited under GCQ with Heightened Restrictions and we are reminding all LGU officials to implement this strictly in light of reports that barangay basketball games have returned in some places," he said.

He called on all local authorities including the Philippine National Police, to strictly implement the heightened restrictions to control the spread of the Delta variant.

FROM PAGE 1

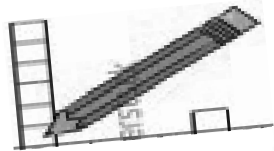
## EXTRAJUDICIAL

**NOTICE IS HEREBY GIVEN THAT THE ESTATE OF THE LATE ZENaida LEGASPI CALDEJON HAS BEEN EXTRA-JUDICIALLY SETTLED BY HER HEIRS THRU EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH WAIVER OF SHARE AS PER DOC. NO. 196; PAGE NO. 41 ; BOOK NO. 106; SERIES OF 2021, BEFORE NOTARY PUBLIC ATTY. CESARIO G. GONZALES JR.**

Dateline Weekly Newspapers:  
Aug. 02, 09 & 16, 2021

ACROSS

1. Formal dance
5. EJF
11. Treenors
13. Cease
14. Drive out
15. Woman's title
16. Donkey
17. Bad; Prefix
18. Health resort
19. Learni Enriquez
20. Marry
21. Word of approval
22. Posceases
23. Resting Places
24. Paradise
26. Girl's name
27. Victor Espiritu
28. Lacerated
30. Spanish pronours
32. Prandl sh child
34. Versus; Abbr.
35. Body opening
37. Girl's name
39. Frighten
40. Slow-moving mollusk
41. Apportions



DOWN

1. Bike part
2. Elevate
3. Minerals
4. Mountain; Abbr.
5. Octopus relative
6. Cat
7. Rodent
8. \_\_\_ e., Mr. Lozada
9. Hotness or coldness
10. literary compositions
12. Houses
18. Body covering
20. Need
21. Boat propeller
22. Ptonoun
23. Soap Ingredient
24. Wicked persons
25. Satan
26. Woman's Title
29. Race venue
31. Consumes
33. Girl's name
35. Expert
36. King Cole of music
38. 501 in Rome
39. Samarium synsol

KROSWORD



Contributed by ROLANDO SATIRA

EXTRA JUDICIAL

NOTICE IS HEREBY GIVEN THAT THE ESTATE OF THE LATE EMMA ALVIAR DE JESUS HAS BEEN EXTRA-JUDICIALLY SETTLED BY HER HEIRS THRU EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH UNILATERAL DEED OF ABSOLUTE SALE AS PER DOC. NO. 151 ; PAGE NO. 32 ; BOOK NO. 108 ; SERIES OF 2021, BEFORE NOTARY PUBLIC ATTY. CESARIO G. GONZALES JR.

Dateline WQeekly Newspapers August 02-09 & 16, 2021



HALAMANG GAMOT

LUYA ANTIOXIDANT

Sa lahat ng halamang dilaw ang luya ang may pinakamabisang panlaban sa mga sakit. Sinasabing may ilang daang taon na ang nakaraan na likas na panlunas ang luya sa sari-saring uri ng sakit o karamdaman. Nangungunang pinakamabisang gamot sa karaniwang ubo at sipon. Mas mabisa pa ang luya kaysa sa mga pharmaceutical drugs in defeating cancer, motion sickness and inflammation. Kamangha-mangha na ang luya ay mas epektibo kaysa sa maraming cancer drugs at shrinking tumors. Karaniwan din itong inilalagay sa mga produktong pagkain at inumin. Ang angking katangiang panggamot ng luya ay matagal nang nalampasan kahit na ng advanced pharmaceutical inventions.



halamang luya ay mayroong terpenoids, flavonoids, alkaloids at tannins. Ang ugat ay may zingerone at shogaol na siyang nagbibigay ng amoy at lasa sa luya. Ang langis mula sa ugat ay may gingerol, zingerone, zingiberene, cineol, borneol, phellandrene, citral, zingiberene, linalool, geraniol, chavicol, vanillyl alcohol at camphene.

BAHAGI NG HALAMANG LUYA NA GINAGAMIT BILANG GAMOT AT KUNG PAANO ITO GINAGAMIT

1. Dahon – Maaari itong dikdikin at durugin upang magamit bilang pantapal sa ilang bahagi ng katawan na may karamdaman.

2. Ugat – Karaniwan itong pinakukuluhan upang makagawa ng salabat o tsaa. Maaaring ngayin lamang ito at maaari rin namang ipangpahid sa ilang bahagi ng katawan na may karamdaman.

MGA SAKIT AT KONDISYON NA MAAARING MAGAMOT NG LUYA

Rayuma – Maaaring dikdikin ang bungang-ugat ng luya at lagyan ng langis bago ipantapal sa ilang bahagi ng katawan kung saan ito nananakit. Maaari ring gawing salabat (pinakukuluang ugat ng luya), para sa pabalik-balik na sakit sanhi ng rayuma.

Sugat – Ginagamit bilang panlinis ang katas ng bungang-ugat ng luya na hinaluan ng 70% na alcohol.

Hirap sa pagtunaw – Iniinom ang

CANCER

Ang isang buong luya na kinatas ay kinakitaan na humahadlang sa paglaki ng spectrum of prostate cancer cells. May katangian itong panlaban sa cancer na siyang nagpapababa ng pamamaga at pamumula. Malaking tulong din ito bilang antioxidants.

KAALAMAN TUNGKOL SA LUYA BILANG HALAMANG GAMOT

Scientific name: Zingiber blancoi Hassk.; Zingiber officinale Roscoe  
Common name: Luya (Tagalog); Ginger (Ingles)  
Ang luya ay isang bungang-ugat na kilalang pampabango o pampalasa sa mga pagkain. Ito ay isang halaman na may katamtamang taas, may hugis patulis na mga dahon at bilugang bulaklak. Ito ay karaniwang tanim sa Pilipinas.

MGA SUSTANSIYA AT KEMIKAL NA MAAARING MAKUHA SA LUYA

ng iba't-ibang bahagi ng halamang luya ay maaaring makuhanan ng maraming uri ng kemikal at sustansiya na nagbibigay ng benepisyo sa ating kalusugan. Ang

WORDHUNT

Y	M	T	E	S	A	T	O	E	M	Z	N	E	O	C	S	ATP			
S	P	Y	P	W	I	T	O	O	D	N	L	R	C	L	D	X	S	R	carbohydrate
L	T	H	L	A	K	O	I	D	D	E	E	C	P	L	I	H	D	chlorophyll	
L	L	A	O	M	A	T	M	R	O	O	D	L	O	R	C	D	E	R	electron transport
E	P	R	O	T	O	N	E	N	Y	S	I	E	G	H	C	A	E	O	granum
C	T	T	P	P	O	D	T	R	A	Y	X	C	A	L	N	T	L	N	lumen
D	S	A	T	Y	U	L	S	S	A	M	O	T	S	O	N	I	C	S	photosynthesis
R	A	C	R	C	N	N	Y	H	O	B	I	R	R	E	T	O	Y	A	plants
A	L	U	T	D	I	R	S	S	A	I	D	O	C	V	R	N	C	P	reduction
U	P	I	O	T	Y	D	O	N	I	O	N	N	H	S	N	O	N	O	stroma
G	O	S	I	S	E	H	T	N	Y	S	O	T	O	H	P	L	I	R	autotroph
N	R	T	G	L	U	C	O	S	E	I	B	R	R	E	P	O	V	O	carbon dioxide
A	O	R	A	S	U	R	H	B	T	S	R	A	U	O	Y	D	L	M	chloroplast
L	L	O	O	R	S	P	P	C	R	Y	A	N	A	B	E	O	A	N	endosymbiosis
U	H	M	O	M	U	N	A	R	G	A	C	S	N	E	I	P	C	N	guard cells
A	C	A	R	O	T	E	N	O	I	D	C	P	E	E	T	S	A	E	NADPH
O	C	H	L	O	R	O	P	H	Y	L	L	O	P	R	M	L	C	O	photosynthesis
N	O	C	M	A	O	O	T	S	H	P	O	R	T	O	T	U	A	O	proton
U	A	S	S	N	O	I	T	C	A	E	R	T	H	G	I	L	L	R	Rubisco

pinaglagaan ng bungang-ugat ng luya (salabat o tsaa) para sa pananakit ng sikhura at sa pagiging hirap sa pagtunaw ng pagkain.

Pagtatae – Ipahid ang hiniwang luya sa paligid ng pusod upang maibsan o mabawasan ang pagtatae.

Ubo – Iniinom ang pinaglagaan ng bungang-ugat ng luya (salabat o tsaa) para sa ubo.

Sore throat – Nakakatulong sa pananakit ng lalamunan ang bungang-ugat ng luya sa pamamagitan ng pag-inom (salabat) at pagnguya sa naturang ugat nito.

Pasa – Ang pagpapasa naman sa balat ay maaaring tapalan ng dinikdik na dahon ng luya.

Kawalan ng gana sa pagkain – Mahusay na pampagana ang pagkain ng luya na sinawsaw sa asin.

Pagsusuka – Pinakakain din ng bungang-ugat ng luya ang taong nakakaranas ng pagsusuka at pagliliyo.

Pamamanas ng katawan – Ang pag-inom ng katas mula sa ugat ng luya ay mabisa para mawala ang pamamanas o ang pagkakaroon ng tubig sa katawan.

Pananakit ng ulo – Ang dinikdik na luya ay pinangtatapal sa noo ng taong nakakaranas ng pananakit ng ulo.

12. Pagkawala ng boses – Mabisang lunas para sa pagkawala ng boses ang pag-inom ng salabat mula sa ugat ng luya. Maaari ring sipsipin at ngayin ang naturang bungang-ugat ng luya. KMC

## Cavite commends Samantha Panlilio after Bb. Pilipinas Grand International win



MANILA - Samantha Panlilio is thankful as her hometown of Cavite recognized her efforts in the recently concluded Binibining Pilipinas pageant.

On Instagram, the beauty queen shared photos of a resolution that commended her win as Bb. Pilipinas Grand International 2021.

She also thanked

Cavite governor Jonvic Remulla for supporting her since she was a Bb. Pilipinas candidate.

Panlilio is set to represent the Philippines in the Miss Grand International pageant. The country's last delegate, Samantha Bernardo, finished as first runner-up.

The Philippines has yet to win a Miss Grand International crown.

Aside from Panlilio, other winners of Bb. Pilipinas 2021 include Hannah Arnold (Bb. Pilipinas International), Cindy Obeñita (Bb. Pilipinas Intercontinental), Maureen Montagne (Bb. Pilipinas Globe), Gabby Basiano (first runner-up), and Meiji Cruz (second runner-up).

ness for their community. Even the pandemic can never silence their brilliant ideas. More so, it only amplified them.

One nanay who constantly leads her community is Margie Olan-day. She saw what their CARD center is capable of and shared with her co-members what they can do best with their resources. It was her idea to plant vegetables and flowers in their center members' sizeable backyard, and she would help sell it by marketing it on social media. Since their other members are skilled when it comes to cooking, Margie also suggested using the vegetables they sowed as ingredients for healthy and appetizing dishes. Residents in their area benefitted from this initiative, especially as they are fond of buying already cooked and hot meals for their families.

True enough, Margie's plan had come to fruition. Many have come to buy fresh vegetables and sweet-smelling flowers which were sold at a very affordable price. Aside from this, residents in their community did not have to go to more public spaces and expose themselves to the virus just to buy meals. They must only step out of their

homes and head into their neighborhood to buy what they need.

Not only did Margie help her center members generate extra income for their families, but she has also helped her community thrive during a time when food security and nutrition are essential. Indeed, what Margie has done for their center and their community is proof of her great stewardship over the resources they already have.

Meanwhile, the knowledge we shared with our clients through the trainings delivered by CARD-MRI Development Institute (CMDI) are also creating ripples of hope for their communities. Adela Bautista, a microentrepreneur in Malita, Davao Occidental, initiated to conduct online livelihood training to its community using a messaging app. Adela generously shared her acquired knowledge from her trainings in CMDI to help her community thrive as the economy is still slowly re-opening. Aside from this, Adela has more than enough to provide relief goods to her fellow clients.

Our trainings go beyond one person. It can flow from other people

cont. on page 2

# Cayetano, BTS sa Kongreso file resolution commending Hidilyn Diaz for winning PH's first Olympic gold medal



Former House Speaker Alan Peter Cayetano and his allies from the Balik sa Tamang Serbisyo (BTS) sa Kongreso on Wednesday, July 28, filed House Resolution No. 2045 commending Filipino weightlifter Hidilyn Diaz for making history by winning the country's first Olympic gold medal during the 2020 Summer Olympic Games in Tokyo, Japan.

The proposed resolution aims to recognize Diaz for ending the country's 97-year Olympic gold medal drought by winning a gold medal in the women's division of the 55-kilogram weightlifting event of the 2020 Summer Olympic Games.

It recognizes her hard work and perseverance, having to go against all odds and obstacles, endure being away from her family in Zamboanga City, and put her studies and livelihood on hold.

"As a result of strict COVID-19 restrictions, Diaz had to battle gym closures, a lack of access to weightlifting equipment, and the uncertain-

ty of whether the 2020 Olympic Games would be held at all," the resolution states.

"Diaz's sterling achievement will serve as a motivation for our countrymen, who have been weary of the hardships brought about by the coronavirus disease of 2019 (COVID-19) pandemic," it adds.

The proposed resolution also recognizes Diaz as the epitome of the spirit of discipline, heart, and determination - qualities that will inspire and motivate the youth to persevere in becoming their best.

"Her extraordinary feat of representing the country and bringing it honor, even in the

face of trials and the pandemic, will propel our athletes to perform to their utmost abilities in sporting events in the future," it reads.

"Diaz will forever be an inspiration to the youth and an epitome of women empowerment, proving that the Filipino and the Filipina can compete with the best in the world," the resolution continues.

It has been an established tradition of the House of Representatives to recognize outstanding achievement of Filipino individuals who bring pride and honor to the country by excelling in their respective fields.

"Now, therefore, be it resolved, as it is hereby resolved, by the House of Representatives, to congratulate and commend Hidilyn Diaz for her outstanding drive, discipline and determination, being the first Filipino to win a gold medal in the Olympic Games, bringing honor and international recognition to the Philippines," the resolution concludes.

H.R. No. 2045 was filed by Cayetano, Taguig 2nd District Rep. Maria Laarni "Lani" Cayetano, Camarines Sur Rep. Luis Raymund "Lray" Villafuerte Jr., Batangas Rep. Raneo "Ranie" Abu, Laguna Rep. Dan Fernandez, Anakalusugan Party-list Rep. Michael Defensor, and Bulacan Rep. Jose Antonio "Kuya" Sy-Alvarado. (PR)

## Our Nanays, our community heroes

Dr. Jaime Aristotle B. Alip  
 CARD MRI Founder and Chairman Emeritus

An online carinderia, livelihood trainings via video calls, online coaching for the elderly on how to use digital banking apps... the list is endless as to how creative and innovative CARD nanays can become in support of each other amidst the toughest of times.

More than a year has passed since we started battling COVID-19. We witnessed how critically it can affect our economic activities and health. But for us Filipinos, one thing remained true: no problem is big enough to faze us. Our courage, resilience, and sense of community are stronger now more than ever.

Amidst the surge of cases in NCR and surrounding provinces in April 2021, our spirit of bayanihan to lend a help-

ing hand to our kapwa also became more evident. We were witnesses to how our frontliners kept on giving the best medical services even when circumstances were difficult. As vaccines started to become available, doctors, nurses, and other medical practitioners across the country volunteered to hasten the roll-out of the vaccination program.

As the new health and social measures were put in place, many workers were again deprived of their sources of income, with food insecurity not far in the horizon. Ignited by Patricia Non in Quezon City, at least 1,500 community pantries sprouted all over the country to help the needy, giving vegetables, rice, groceries, and other essentials for free. People were urged to give



according to their capacity and take according to their needs ["Magbigay nang ayon sa kakayah-an. Kumuha nang ayon sa pangangailangan"]. Indeed, the Filipinos never run out of ingenious ideas to show that we are united in this fight.

Pagkakapit-kamay to address various challenges is not new among CARD MRI communities. For more than three decades, CARD MRI has been promoting women empowerment, transforming housewives into entrepreneurs and community leaders. True enough, they learn to gain collective understanding of our recent situation in extending their hands to help each other. These

values and culture have been deeply engraved to our nanays.

To know their stories of struggles and heroism in the face of COVID-19, we came up with "SaNaySay Challenge" on our official Facebook page. Through this, they are given a platform to express their ideas and plan of action in responding to the pandemic for themselves and their communities.

Our Nanays and their stories

The result of our effort in building responsible communities is further proven when we have received thousands of comments from our Facebook followers to share their stories of acts of kind-